




COURSE GUIDE
2014 - 15



A wooden mortar and pestle is the central focus, filled with a vibrant, finely-ground orange-red powder. The mortar is surrounded by numerous dried red chili peppers, some whole and some broken, creating a rich, textured background. The lighting is warm, highlighting the natural colors of the ingredients.

OUR MISSION IS TO PROVIDE
OUTSTANDING HEALTH
EDUCATION TO OUR
STUDENTS, PREPARING
THEM FOR A SUCCESSFUL
AND FULFILLING CAREER;
AND TO PROVIDE OUR
EVER CHANGING SOCIETY
WITH HIGHLY EDUCATED,
PROFESSIONAL AND
EFFECTIVE PRACTITIONERS
ABLE TO MEET ITS HEALTH
AND WELLNESS NEEDS.

CONTENTS

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES

2	Welcome
4	Why choose us?
6	Industry connections
9	Our story
10	What will I learn during my studies?
14	The Wellbeing Clinics at Pyrmont and Brisbane Campuses
16	Your study, your way
18	Pyrmont Campus
20	Brisbane Campus
22	Campus facilities and student support
26	Our leaders
30	Career and further study opportunities
32	A word from industry
34	Student stories

36 NATURAL MEDICINE

38	Diploma of Health Science
42	Bachelor of Health Science (Naturopathy)
46	Bachelor of Health Science (Nutritional Medicine)
50	Bachelor of Health Science (Western Herbal Medicine)
54	Advanced Diploma of Naturopathy
58	Advanced Diploma of Nutritional Medicine
62	Advanced Diploma of Western Herbal Medicine

66 MANUAL THERAPIES

68	Certificate IV in Massage Therapy Practice
72	Diploma of Remedial Massage
76	Continued education in sport and fitness
78	Next steps
81	Think Colleges
82	Application form
84	Fees and dates

WELCOME

ARE YOU INTERESTED IN THE HEALTH AND WELLBEING OF OTHERS? DO YOU LIKE A CHALLENGE? DO YOU WANT TO BE A PART OF THE FAST GROWING NATURAL THERAPIES INDUSTRY?

IF THIS SOUNDS LIKE YOU, THE AUSTRALASIAN COLLEGE OF NATURAL THERAPIES (ACNT) CAN HELP YOU DEVELOP THE SKILLS AND KNOWLEDGE REQUIRED FOR WORK WITHIN THIS INDUSTRY THROUGH PROFESSIONAL GUIDANCE, FIRST CLASS EDUCATION AND AN OUTSTANDING CURRICULUM.

ACNT has been a leading educator for health and wellness since 1982. We were the first college in NSW to gain accreditation for Natural Therapies. Since then, we have established relationships with major industry associations and professional groups.

What does that mean for you? Effectively, it ensures that we are at the leading edge of developments in the sector; our courses are current, meet industry expectations and provide students with innovative and engaging learning opportunities.

Each ACNT course is focused on clinical practice. As a leader in applied education our students have the opportunity to develop 'hands-on' practical experience relevant to their chosen profession. Our clinics at both our Pyrmont and Brisbane campuses provide students with real life client cases putting learning into practice.

Our students cherish the energy and dedication that our academic leaders, lecturers and other staff provide. Our diverse group of students both domestic and international provide a unique and multicultural experience for everyone involved.

Whether you're studying Naturopathy, Nutritional Medicine or Massage Therapy, we offer a friendly, comfortable environment where students feel engaged, motivated and feel part of a real student community.

Welcome to ACNT, we look forward to working with you on your new and exciting journey into the field of health and wellness.

MARTIN KINCADE

Head of Academic Studies, Manual Therapies

BRONWYN WALKER

Head of Academic Studies, Natural Therapies



WHY CHOOSE US?

PURSUE A SUPERIOR AND SUCCESSFUL CAREER PATH WITH YOUR ACNT QUALIFICATION

Every year the Australasian College of Natural Therapies (ACNT) provides over 1,500 students with the skills and knowledge to not just succeed, but thrive throughout their career in this rapidly expanding industry.

We believe in the goodness of natural therapies, and know that practitioners are the ones who unlock its greatness. Our students are rigorously trained in both science and tradition. We teach enthusiasm, dedication and humanity, and we prepare each and every student for work.

At ACNT, you can pursue a satisfying, caring career that connects you with people and nature. Whether you've just left school, want a mid-life career change, or simply want to upgrade your qualifications in natural health and wellness, ACNT can equip you with all the knowledge, recognition and practical hands-on experience you need. As part of our focus in launching great careers in Natural Therapies, we strive to develop the most job-ready graduates in the market.

Study with us, and you will graduate with the skills, knowledge and confidence to make a worthwhile contribution to health and wellbeing in today's society, transforming the lives of others through natural or manual therapies.



INDUSTRY CONNECTIONS

AWARDED FOR EXCELLENCE

ACNT's parent company, the Think Education Group, won the Australian Council for Private Education and Training (ACPET) Award for the Higher Education Provider of the Year, 2012.

THE THINK COMMUNITY

By joining ACNT, you become part of something bigger: the Think Education Group community. We believe there's a better way to learn. Where practical skills and academic rigour sit side by side. Where employment and entrepreneurship count. Where thinking in isolation of the real world is a waste of time.

At every Think college, including ACNT, you'll find a focus on hands on experience, flexibility in how and where you learn, and a commitment from us to help you succeed in your new career. Learn more at think.edu.au

ONLINE AND ON CAMPUS COURSES

Many of our course are offered both online and on-campus. Our online courses are hugely popular and allow you to learn whenever and wherever it suits you.

Our online courses also require external clinical placements, so students will develop practical skills under the supervision of an accredited practitioner or as part of work placements at health and wellness clinics. For more information about study options see page 17.

INDUSTRY CONNECTIONS

ACNT works closely with employers to ensure our courses meet the current needs of industry. Through consultation with these industry leaders we create courses that are not only interesting and exciting but are up-to-date and will provide you with the best opportunities for employment within your chosen field.

Our own lecturers are also experienced industry practitioners, and members of key industry professional industry groups and professional associations. Many write for national publications, and all have an excellent understanding of how the health and wellbeing industry works; an essential ingredient in helping you on your path to success.

CAMPUS LIFE

ACNT is a vibrant place to learn. Both of ACNT's campuses, in Sydney and Brisbane, are situated in convenient locations – close to regular transport, cafés and shops. Our brand new Pymont Campus in Sydney and our Brisbane Campus in Fortitude Valley are in popular suburbs close to the city centres. As part of a vibrant environment which is home to a number of Think's colleges, our campuses house extensive learning resources and are packed with state-of-the-art facilities including The Wellbeing Clinics at Brisbane and Pymont Campuses, student libraries and student common areas.

CAREER ADVISORY SERVICE AND ACNT JOB FINDER

We recognise that choosing the course that's right for you may be challenging, so ACNT offers a dedicated team of Course and Careers Advisors who are experts in the industry and can help guide you through the process of selecting, applying and commencing your course.

Plus, if you're wondering what you will be able to do with your qualifications when you graduate, we have a tool that can help with that too. In conjunction with our strong industry connections, our Job Finder offers up to the minute local and international work opportunities for our students.

“IT WAS THROUGH COLLEGE THAT I AM NOW ON THE LIST OF MASSAGE THERAPISTS TO MASSAGE THE ROOSTERS AND WESTERN SYDNEY WANDERERS. IT WAS REALLY THAT EXPOSURE AND CONNECTION THROUGH THE COLLEGE THAT THESE OPPORTUNITIES PRESENTED THEMSELVES TO ME TO DO THOSE TYPES OF THINGS.”

MARTIN PETERS
ACNT Graduate

GRADUATE WITH PRACTICAL SKILLS

The Wellbeing Clinics at Pyrmont and Brisbane Campuses offer real life on-the-job experience. Here, our clinical supervisors guide you every step of the way to put the skills and knowledge you learn in class into practice. Students often spend a number of hours each week in this real-life hands-on environment, where peers and members of the general public come for professional treatments by our student clinicians. Massage students typically complete between 50–100 hours of hands-on experience during a course (depending on which course you choose); while students in our new degree courses and some of our advanced diplomas complete more than 350 hours of clinic practice.

This experience, combined with the business studies units integrated into all our courses, ensures our students are provided with a clear understanding of the real world.

Studying with us online? You won't miss out on practical experience. ACNT's External Clinic Coordinator can provide assistance in finding a clinical placement to support your studies, or you are welcome to attend one of our on campus clinics.

STUDY NOW, PAY LATER

ACNT is an approved VET FEE-HELP and FEE-HELP provider.

FEE-HELP is a government loan scheme that is available to assist eligible students studying higher-level education qualifications to pay their tuition fees. VET FEE-HELP is similar scheme which applies for higher-level vocational education and training (VET) qualifications.

We believe education should be as accessible and affordable as possible; VET FEE-HELP is available for many of our Diploma and Advanced Diploma courses, while is FEE-HELP available for our Bachelor degrees, allowing you to study now and pay later (Australian students only).

Please speak with a Course and Career Advisor for further information or see studyassist.gov.au



2014 – NEW DEGREE PROGRAMS ADDED IN NATUROPATHY, NUTRITION AND WESTERN HERBAL MEDICINE, AS WELL AS A DIPLOMA OF HEALTH SCIENCE

2013 – ACNT PYRMONT CAMPUS IS OPENED

2009 – ACNT BRISBANE CAMPUS IN FORTITUDE VALLEY IS OPENED

2007 – THINK: EDUCATION GROUP ACQUIRES ACNT

2006 – THE SURRY HILLS EXPANSION IS COMPLETED

2003 – ONLINE STUDY OPTIONS BECOME AVAILABLE FOR SELECTED COURSES

1997 – THE SURRY HILLS CAMPUS IS OPENED

1993 – ACNT BECOMES THE FIRST COLLEGE ACCREDITED TO DELIVER FOR THE ADVANCED DIPLOMA OF NATUROPATHY

1984 – ACNT BECOMES ONE OF THE FOUNDING MEMBERS OF THE AUSTRALIAN TRADITIONAL MEDICINE SOCIETY (ATMS)

1982 – ACNT IS ESTABLISHED IN BONDI, NSW

DID YOU KNOW? OVER 25 PER CENT OF THE AUSTRALIAN POPULATION NOW TURN TO NATURAL THERAPIES AS A SOURCE OF WELLNESS



OUR STORY

SINCE 1982, ACNT HAS GROWN INTO ONE OF THE LARGEST, MOST REPUTABLE COLLEGES IN COMPLEMENTARY HEALTH AND WELLNESS IN AUSTRALIA. ITS COURSES ARE RECOGNISED BY MANY LEADING INDUSTRY AND GOVERNMENT ORGANISATIONS AND ARE STRONGLY BASED IN SCIENCE AND TRADITIONAL PRACTICE.

We are champions for the transformation that natural and massage therapies can have on peoples' lives. We educate future practitioners who are passionate about making a career of natural or massage therapies and support them to achieve their goals. ACNT is the leading provider of career-centric education because of our passion for and expertise in developing job-ready graduates.

To find out why, simply take a good look at this prospectus. And if you'd like more information, feel free to have a chat with one of our Course and Careers Advisors on 1300 017 267.

WHAT WILL I LEARN DURING MY STUDIES?

TURN YOUR LOVE OF NATURAL HEALTH AND HEALING INTO A CAREER WITH MANY OPTIONS – TURN TO ACNT.

“WE WANT OUR STUDENTS TO BE A TRIPLE THREAT! WE AIM FOR THEM TO BE PHENOMENAL IN THEIR DISCIPLINE, READILY EMPLOYABLE AND SOCIALLY AWARE, BOASTING EXCELLENT SKILLS IN THEIR DISCIPLINE AS WELL AS PRACTICAL BUSINESS SKILLS.”





WHAT IS NATURAL MEDICINE?

NATURAL MEDICINE COVERS A RANGE OF DISCIPLINES WITHIN COMPLEMENTARY HEALTH WITH A HOLISTIC APPROACH, INCLUDING NUTRITIONAL MEDICINE, WESTERN HERBAL MEDICINE AND NATUROPATHY. FIRMLY EMBEDDED IN THESE DISCIPLINES ARE HEALTH SCIENCE SUBJECTS INCLUDING ANATOMY AND PHYSIOLOGY, CHEMISTRY, BIOCHEMISTRY, PATHOLOGY, SYMPTOMATOLOGY, DIAGNOSIS AND PHARMACOLOGY AND THESE ARE TAUGHT THROUGH THE VARIOUS COURSES. SPECIALIST SUBJECTS SUCH AS ADVANCED NUTRITIONAL MEDICINE, APPLIED NATUROPATHIC PRINCIPLES AND HERBAL MEDICINE THERAPEUTICS TEACH STUDENTS DISCIPLINE-SPECIFIC SKILLS.

STUDY WHAT
YOU LOVE

NATURAL MEDICINE COURSES

HLT60512 Advanced Diploma of Naturopathy
BHSCNAT13 Bachelor of Health Science
(Naturopathy) **(New Course)**

Naturopathy is an umbrella term that encompasses many forms of complementary and natural medicine modalities. There are two key disciplines within naturopathy: nutrition and herbal medicine. Additionally most naturopaths are trained in the basics of homoeopathy. Our Naturopathy courses cover a wide range of subject topics including chemistry, biochemistry, pathology, symptomatology, diagnosis and pharmacology.

HLT61012 Advanced Diploma of Nutritional Medicine
BHSCNUT13 Bachelor of Health Science
(Nutritional Medicine) **(New Course)**

These comprehensive courses incorporate advanced training in nutrition and diet related fields, health sciences, diagnostics and treatment modalities. Some of the areas covered include nutritional management of renal, cardiovascular, gastrointestinal, endocrine and immune disorders; palliative care, pregnancy and pediatrics; diagnostic laboratory techniques, symptomatology and diagnosis, and counselling.

HLT60112 Advanced Diploma of Western Herbal Medicine
BHSCWHM13 Bachelor of Health Science
(Western Herbal Medicine) **(New Course)**

Western Herbal Medicine aims to promote health and restore balance in disease. Students are trained in the use of herbal medicines using a combination of ancient wisdom and modern scientific methods. In these courses you will learn how to treat a wide variety of health complaints; how to work capably in clinical practice; as well as how to work in cooperation with a wide variety of other health care professionals. Upon completion you will be a specialist herbalist with more in-depth knowledge of herbal medicine than a stand-alone naturopath.

DHSCGEN13 Diploma of Health Science **(New Course)**

Health Science explores the biological and social sciences and research studies that all healthcare practitioners must understand. The health science subjects are interwoven with foundational subjects from your preferred discipline stream. Discipline specific subjects can be chosen from either the Naturopathy, Western Herbal Medicine or Nutritional Medicine streams in a structure that supports your natural therapies studies.

WHAT ARE MANUAL THERAPIES?

MANUAL THERAPIES ENCOMPASS A RANGE OF DISCIPLINES WITHIN COMPLEMENTARY HEALTH THAT HAVE A HOLISTIC APPROACH TO THE TREATMENT OF MUSCULOSKELETAL DYSFUNCTION. PRACTITIONERS IN THIS FIELD WORK TOWARDS BRINGING ABOUT BALANCE TO THE BODY AND RELIEF FROM PAIN THROUGH ASSESSMENT AND THE APPLICATION OF PRACTICAL TECHNIQUES. AT ACNT, WE FOCUS ON MASSAGE THERAPY; THE PHYSICAL MANIPULATION OF MUSCLES AND FASCIA OF THE BODY.

OUR COURSES ARE FIRMLY EMBEDDED IN HEALTH SCIENCE AND STUDENTS WILL LEARN ABOUT COMPLEX ANATOMY AND PHYSIOLOGY AS WELL AS PRACTICAL SKILLS INCLUDING DEEP TISSUE MASSAGE, TRIGGER POINT THERAPY, LYMPHATIC DRAINAGE AND MYOFASCIAL RELEASE.

MANUAL THERAPIES COURSES

HLT40312 Certificate IV in Massage Therapy Practice

This course represents the entry point to an exciting career in massage therapy. You will learn a range of relaxation and therapeutic techniques to manipulate soft tissue to increase blood flow, remove toxins and improve muscle tone throughout the body. As well as practical skills, students will gain a deep understanding of anatomy, physiology and symptomology of the body and its systems. You will also learn start-up business skills so you can work effectively as a sole practitioner.

HLT50307 Diploma of Remedial Massage

Remedial Massage Therapists use complex assessment methods to investigate cause of pain from musculoskeletal imbalance or injury. Advanced massage techniques, including deep tissue massage, trigger point therapy, myofascial release and lymphatic drainage are used to treat a variety of conditions and bring the musculoskeletal system back into balance. This course will provide you with the ability to identify musculoskeletal conditions and develop comprehensive, ongoing treatment plans to assist in pain management or recovery from injury. Students will also learn professional development skills including how to research and review articles related to the methods and efficacy of massage therapy.



THE WELLBEING CLINICS AT PYRMONT AND BRISBANE CAMPUSES



“I’VE SET UP A BUSINESS PLAN SO I’M NOW WELL-VERSED IN HOW TO RUN A BUSINESS AND A CLINIC. WE ALWAYS SAY SHOOT FOR THE STARS, SO I’M KEEN TO START THAT. THEY’VE VERSED ME IN STUFF LIKE ZONING, GOVERNMENT LEGISLATION, INSURANCE AND EFFECTIVE WORKPLACE PRACTICE, SO [YOU’RE READY TO] FUNCTION AS PROFESSIONALS FOR WHATEVER AVENUE YOU CHOOSE.”

AT ACNT YOU RECEIVE AN EDUCATION THAT MAKES YOU IMMEDIATELY EMPLOYABLE UPON GRADUATION. AN INTEGRAL PART OF EVERY COURSE (BOTH ONLINE AND ON-CAMPUS) IS YOUR ATTENDANCE AT OUR STUDENT-RUN CLINICS.

PRACTICAL TRAINING SO YOU ARE INDUSTRY READY

The Wellbeing Clinics at Pymont and Brisbane Campuses offer students leading edge, practical training so they can refine their professional therapeutic skills in their chosen field, whether it is nutrition, naturopathy or massage, with real patients, under the direction of our highly qualified lecturers and supervisors.

GAIN WORK EXPERIENCE WHILE YOU STUDY

At ACNT you receive an education that focuses on employability and workplace training. An integral part of every course (both online and on campus) is your attendance at our student-run clinics.

The Wellbeing Clinic at Pymont and Brisbane Campuses are so well equipped it’s like working as a real practitioner in the field. These clinics offer students practical training so they can refine their professional skills while working on real clients, in a fully supervised environment. This ‘hands-on’ experience means you’ll graduate with actual workplace skills under your belt, as well as the confidence to begin working straight away.

Our Clinics operate as fully-functional multi-modality clinics and are open to the general public for treatments and consultations. Clinic facilities include:

- Massage rooms
- Medical Dispensary
- Natural Therapies consultation rooms

Online students can complete clinical placement at The Wellbeing Clinic at Pymont, Brisbane or Fitzroy, or externally. For example, you might work under the supervision of an accredited practitioner or as part of an established health and wellness clinic. If you’re an online student, ACNT’s External Clinic Coordinator can assist you to find a clinical placement.

SUPPORT FROM INDUSTRY EXPERTS

At ACNT, we hold ourselves to the highest education standards to ensure our students graduate as professional and effective practitioners. While we believe the clinic component of our courses gives every student the best preparation to becoming outstanding therapists or clinicians in the real world, we won’t throw you in the deep end. Our expert Clinic Supervisors are there to help you every step of the way. They are passionate and provide support and in-depth knowledge that will guarantee your time spent in The Wellbeing Clinics at Pymont and Brisbane Campuses is positive and productive.

INCUBATOR PODS FOR GRADUATES

If you start your career in the Natural Therapies industry with ACNT, you’ll be set up for success – whether that is in employment or self employment.

If you choose to build your own clinical practice upon graduation, we’ll help you get started: work from our incubator pods at The Wellbeing Clinics at Pymont and Brisbane Campuses.

These clinics provide support for our graduates in establishing their own businesses. From our Incubator Pods, graduates can utilise the College’s resources, as well as services like secretarial support, in a ready-made working environment. We believe this option is a fantastic boost if you are choosing to begin your career as a self employed therapist.



ENJOY A
LIFE/STUDY
BALANCE

YOUR STUDY, YOUR WAY

STUDYING ON CAMPUS

Our on campus courses in Sydney and Brisbane will give you access to lectures, tutorials, practical sessions, clinics and our wide range of support services. You'll also have access to ACNT's Student Portal – which will provide you with a comprehensive range of learning materials, plus general information about the college and courses.

In terms of study, you will need to cover a number of subjects during a study period. These periods vary depending on the course you choose at ACNT, but they typically involve 12 weeks of tuition with three study periods ('trimesters') being delivered in a calendar year.

During these periods, you'll need to spend between 20 - 40 hours a week attending classes, practical demonstrations self-directed study and Student Clinic sessions – depending on your course.

STUDYING ONLINE*

All courses at ACNT deliver the same course outcomes. Regardless of whether you're an on campus or online student. Our students graduate as high-calibre job-ready professionals, via a personalised learning journey that's as flexible as it can be.

If you're an Australian student, you'll be able to enroll in one of our online courses on a full-time or part-time basis. If you live in rural or remote Australia, our online courses are perfect for you. It might also be suitable for you if you live in a city, but have personal or work commitments that mean your study hours need to fit around you.

As one of ACNT's online students, you will receive a detailed orientation program and comprehensive learning materials to guide you through your subjects. You will receive the same level of support as if you were studying on campus, however study is done at a time that suits you.

Please note, with our online courses, all your textbooks will be included in your course fees. However you may need to purchase some additional materials (such as a massage table, towels and oil – for which we can offer a discount with our agreed industry partner) and organise supervisors for external examinations.

As an online student, you will be required to undertake a First Aid certificate with an external provider at your expense prior to commencing clinical practice.

PART-TIME COURSES*

Part-time study options are available for some ACNT courses. As a part-time student you will undertake a reduced study load during each study period. If you require further information about ACNT's part-time study options, please contact an ACNT Course and Careers Advisor. See the back cover for our contact details.

ABOUT OUR ONLINE CLASSROOM

ACNT is proud to offer a robust online learning portal which ensures our students get the best from their learning experience. Students are delivered innovative course material via video and interactive media. They can also participate in forums, exchanging thoughts and ideas online. Our online students also have full access to designated lecturers and class resources.

EXPERT ASSISTANCE FOR OUR ONLINE STUDENTS

Our dedicated lecturers are industry experts and offer support and guidance throughout your course to ensure you are confident and ready for working in the real world.

And just because you are off our campus doesn't mean you'll be out of mind. You will have full access to the college's counselling services and a dedicated team of lecturers who can answer any questions you may have about your subjects. You'll also have a friendly team of student support officers to call on. These people can help you with any administrative issues you may face during your studies.

PUTTING THE LEARNING INTO PRACTICE

All students graduating from ACNT leave ready to work. As an online student you will need to find an approved external clinical placement. This will involve working under the direct supervision of an accredited practitioner at their own place of practice or within a health and wellness clinic. ACNT's External Clinic Coordinator can also provide assistance in finding a clinical placement. Simply discuss your clinical placement options with us prior to commencing your course.

*Distance learning and part-time study options are only available to Australian students. Overseas students are only eligible to study full-time at ACNT's Sydney campus. Please note that industry accreditations and health fund recognition may be dependent on the delivery mode chosen.



PYRMONT CAMPUS

WE ARE EXCITED THAT IN APRIL 2013 ACNT SYDNEY MOVED TO A NEW HOLISTIC HEALTH AND WELLBEING CAMPUS IN PYRMONT. PYRMONT IS ONE OF THE FASTEST-GROWING AND MOST CULTURALLY DIVERSE COMMUNITIES IN SYDNEY, LOCATED CLOSE TO SYDNEY'S CBD AND WITH EASY ACCESS TO PUBLIC TRANSPORT.

Our newly renovated Pyrmont campus is home to over 800 students and 40 staff members. The campus has the latest in technology and provides a creative, social and collaborative learning environment for all students.

The move is part of the unique collaboration between ACNT and two of Think Education Group's other colleges, the Australian National College of Beauty (ANCB) and the Jansen Newman Institute (JNI). This purpose-built facility represents a significant investment that ensures our students have access to top of the range facilities and the highest standards of practical learning.

The newly renovated campus facilities include

- High-tech projection facilities in every classroom
- Massage-specific practical classrooms
- Consultation rooms
- Herbal dispensary (holds/dispenses medications and medical supplies)
- Counsellor and academic support staff onsite
- Student break out areas
- On-campus cafe
- Library with fabulous views of Sydney's city skyline
- Campus-wide WiFi

Pyrmont is also home to The Wellbeing Clinic at Pyrmont Campus, where students refine their skills and treat members of the public in a live clinic environment.

These are exciting times for ACNT and we are delighted to provide our students with an elite-standard campus that allows them to excel academically and socialise comfortably.

ADDRESS: 235 Pyrmont Street, Pyrmont, NSW 2009 Australia
PHONE: 1300 017 267

**“THE LECTURERS ARE ALWAYS AROUND,
READY TO HAVE A CHAT.”**





BRISBANE CAMPUS

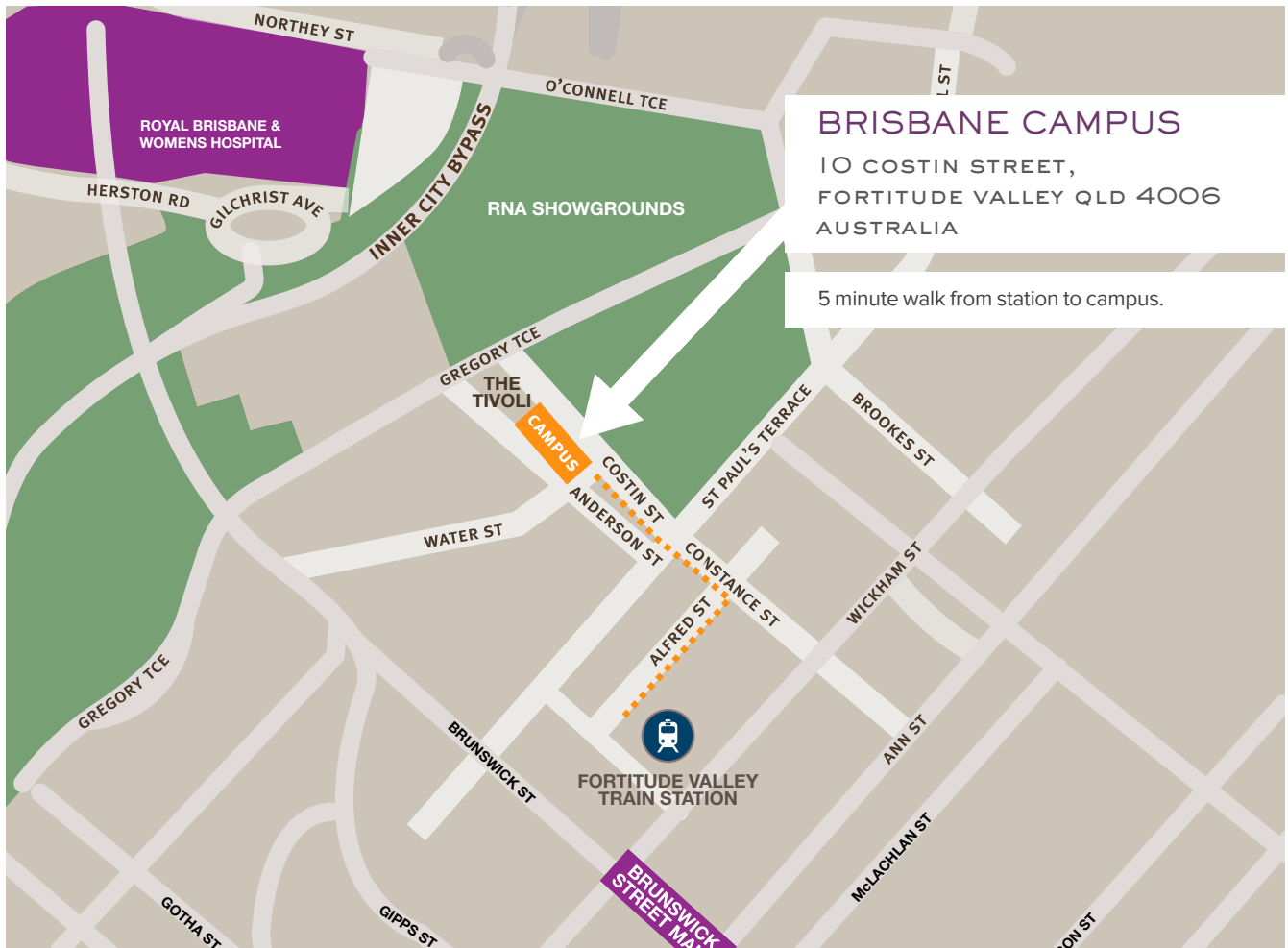
ACNT'S BRISBANE CAMPUS IS LOCATED IN FORTITUDE VALLEY. CLOSE TO THE CBD, THE AREA IS FAMOUS FOR ITS RIVERSIDE PARKS, MARKETS, CULTURAL EVENTS COLOURFUL NIGHTLIFE.

In Brisbane the Australasian College of Natural Therapies is part of a Think Education campus, a multi-college campus which is also home to the Australian National College of Beauty, APM College of Business and Communication, Billy Blue College of Design and CATC Design School. This vibrant campus environment allows our students to interact with a wide range of students, as well as easily working together on multidisciplinary projects.

The Brisbane campus was completely refurbished in 2009. It boasts a warm and engaging atmosphere with plenty of student common areas and break out areas, a student kitchen, Foxtel and a spacious outdoor deck. It's also home to The Wellbeing Clinic at Brisbane Campus, where students refine their skills, which is equipped the latest specialist equipment to support a wide variety of treatments, including massage therapy and naturopathy.

Access to the campus is easy via bus, train, City Cat or bicycle. The closest train station is Fortitude Valley, approximately a 250m walk east of the campus.

ADDRESS: 10 Costin Street, Fortitude Valley QLD 4006 Australia
PHONE: 07 3270 1000



CAMPUS FACILITIES AND STUDENT SUPPORT

“THE CLASS IS SMALL, SMALLER THAN UNIVERSITY, BUT THAT BUILDS A REAL SENSE OF COMMUNITY. I OFTEN TO REFER TO MY COLLEAGUES AND CLASSMATES AS FAMILY, WE’RE VERY CLOSE AFTER THREE YEARS. I’VE HAD MANY, MANY, MANY HOURS OF MENTORING WITH HIGHLY PROFESSIONAL LECTURERS WHO SEE THAT YOU MAY HAVE SOME DESIRES OR NEEDS AND THEY’RE ABLE TO ACCOMMODATE THAT BECAUSE THE CLASS IS SO SMALL. ME AND MY CLASSMATES ARE ALL REALLY CLOSE, WE’LL STAY IN TOUCH FOR YEARS AFTER OUR COURSE ENDS.”



**IMMERSE
YOURSELF IN
A WORLD OF
LEARNING**



Please put bottles back
when you found them



“GOING TO COLLEGE ON CAMPUS IS LIKE COMING HOME – THERE’S THAT MUCH COMMUNITY VALUE THERE.”

COMMON AREAS, LIBRARY AND MEDIA ROOM

Both our Brisbane campus and new Pyrmont campus contain up-to-the-minute teaching facilities and technologies, a fully resourced library, and a number of student common areas including an onsite cafe.

Our facilities are state-of-the-art and use the most up to date equipment, resources and products to simulate the very best real-world clinic environment possible. Add to this regular interactive demonstrations and advice from guest speakers, and our students walk away at graduation knowing they have learnt their field of practice at a highly professional level.

If you feel like a break, head to the student common areas, where you can rest or catch up with fellow students.

For information, each campus library is packed full of natural medicine and manual therapy books, magazines, publications, CDs and DVDs. ACNT students also have access to an extensive online library including the GALE collections.

Additionally, there are high-speed internet facilities and WiFi across our campuses, as well as printing and copying services. ACNT has up-to-date computer facilities equipped with flat screen monitors. The computers are connected to ACNT’s broadband and offer high-speed Internet connection for students. These facilities will be provided to you free of charge as an ACNT student.

STUDENT REPRESENTATIVE COUNCIL (SRC)

While studying at ACNT, the Student Representative Council will give you a voice concerning student matters. It will also give you plenty of great opportunities to make new friends and expand your social life. And that means balancing study with barbecues, sporting events and other activities. After all, having fun is an intrinsic part of the ACNT experience.

THE WELLBEING CLINICS AT PYRMONT AND BRISBANE CAMPUSES

At ACNT, The Wellbeing Clinics at Pyrmont and Brisbane Campuses offers a range of treatments to the public, such as massage and naturopathy treatments and nutrition consultations. This experience provides students with the opportunity to practice their skills in ‘real-life’, under the careful guidance and supervision of the college.

Students benefit from our honing their skills in our Wellbeing Clinics at Pyrmont and Brisbane Campuses. In these clinics, students acquire valuable skills and an understanding of a real life clinic environment that will make them immediately employable. For more on our clinics, see page 14.

ACNT’S COURSE AND CAREER ADVISORS

Need help in choosing the right course to meet your future goals? ACNT has a dedicated team of Course and Careers Advisors. Our team is passionate about the health and wellness industry and can help guide you through the process of selecting, applying for and commencing your course. Since many of our Course and Career Advisors have completed an ACNT qualification themselves, they can give you first-hand insights into what it’s like being an ACNT student. Simply contact one of our advisors to find the right course for you.

Course and Careers Advisors
Sydney – 1300 017 267
Brisbane – 07 3270 1000

STUDENT SUPPORT SERVICES

We have a dedicated team of friendly student services staff to guide you with your courses and assist you with any general or administrative queries. We can also assist with personal and welfare issues relating to your studies, including:

- Confidential, free counselling for personal problems and maintaining attendance
- Referrals to outside services and agencies
- Assistance with the grievance and appeals processes
- Advice for students with a disability

STUDY NOW, PAY LATER

With VET FEE-HELP available for our Diploma and Advanced Diploma courses, and FEE-HELP available for our Bachelor degrees, you can study now and pay later (Australian students only).

FEE-HELP is a government loan scheme that is available to assist eligible students studying higher-level education qualifications to pay their tuition fees. VET FEE-HELP is similar scheme which applies for higher-level vocational education and training (VET) qualifications.

At ACNT, VET FEE-HELP and FEE-HELP are available for some courses. Please speak with a Course and Career Advisor for further information or see www.think.edu.au/vet-fee-help

OUR LEADERS

THEY SAY THAT ANY ORGANISATION IS ONLY AS GOOD AS ITS PEOPLE. AT ACNT, YOU'LL FIND THOSE AT THE TOP AREN'T JUST HIGHLY RECOGNISED IN THEIR RESPECTIVE INDUSTRIES; THEY'RE HIGHLY PERSONABLE AS WELL. OUR LECTURERS AND LEADERS HAVE EXTENSIVE EXPERIENCE; ALL HAVE WORKED THEIR WAY UP FROM THE GRASSROOTS LEVEL AND ARE PASSIONATE ABOUT NURTURING THEIR INDUSTRY AS THEY GO.



DR IAN FINDLAY

Executive Dean, Health and Wellness
Think Education Group

Ian comes to Think after holding numerous senior positions at Southbank Institute of Technology including Associate Director, Academic and Director, Health Faculty.

Ian was Chief Scientific Officer and Director of the biotech R&D-division of Healthscope, a \$1.5 billion healthcare provider. He's run forensics and IVF laboratories, been named *Scientist of the Year* by the European Society of Human Genetics and, in 2005, was awarded the Bancroft Medal for services to medicine from The Australian Medical Association (QLD).

Ian has also been principal inventor on 11 patents and has over 50 publications in major, peer-reviewed scientific and medical journals, as well as chapters in several textbooks. Ian holds a BSc and a PhD in Health Sciences.

HIGHLY
REGARDED,
APPROACHABLE
ACADEMICS



RYAN LAWSON

Campus Director

A professional and dedicated educator, Ryan has been in the education sector for over ten years. Spanning across three different continents, Ryan has worked as an education advocate in the UK, Canada and Australia in both higher education and secondary education. Having started as a Physical Education teacher, he has worked in a variety of areas including educational recruitment, international student recruitment and support, offshore program management and managing a work based learning program. Ryan also holds a Bachelor of Human Movement (Sports Management), Graduate Diploma of Education and a Masters of Management. Ryan has been a part of Think Education Group for the last three years and was a member of the Academic Board and an integral part of implementing the online learning student support services across the Group.



MARTIN KINCAIDE

Head of Academic Studies, Manual Therapies

Martin has over nine years experience working in the field of massage. Originally from the UK, massage was a hobby for Martin until he came to Australia in 2003. Looking for a change of direction he decided to further pursue his interest in massage therapy and set his sights on ACNT.

“I was amazed at the detail, knowledge and skills that the courses offered and was very excited about the prospect of turning massage into a career.” Martin graduated from ACNT in February 2007 and has been a practicing therapist for over five years, working closely alongside some of Sydney’s best Osteopaths and Chiropractors in the treatment of athletes and everyday sports enthusiasts. He specialises in remedial massage, trigger point therapy and deep tissue techniques.

Martin also holds a Bachelor Degree in Business and Marketing and has worked as an operational manager for over 12 years. After two years of teaching at ACNT and becoming involved in course development, Martin to joined ACNT’s academic team on a permanent basis, allowing him to combine his passion for education and manual therapies full-time. Martin is currently studying a Master’s Degree in Adult Education.

PRACTICAL.
NATURAL.
INSPIRING.



BRONWYN WALKER

Head of Academic Studies, Natural Therapies

A dedicated educator with a passion for Natural Therapies, Bronwyn has worked in the education sector for over 13 years. With a career spanning two different continents, Bronwyn has worked as a Curriculum Manager in the UK, before making a career change to enter the Natural Therapies industry six years ago.

Bronwyn graduated from ACNT in 2011 in Nutritional Medicine, and is now formalising her career change by completing her Bachelor of Health Science in Complementary Medicine. She will be enrolling in her Masters of Human Nutrition in 2015. Being a newly qualified Nutritionist, Bronwyn is excited to continue expanding her clinical nutritional experience and knowledge to help shape the academic programs for Natural Therapies at ACNT. Bronwyn has an extensive background in vocational education and training and is passionate about driving the complementary health sector forward. Bronwyn likes nothing better than helping knowledgeable and skilled graduates enter the Natural Therapies sector.



IAN BREAKSPEAR

Program Manager, Natural Therapies

Ian has been a naturopath, herbalist and educator for 20 years. Having worked in varying roles from practitioner and lecturer to technical manager and course designer, Ian has participated in enormous change in the clinical, educational and regulatory landscape. Ian holds a Masters of Herbal Medicines from the University of Sydney, and has a deep passion for all aspects of herbal medicine. For the six years prior to returning to ACNT, Ian worked within the University of Western Sydney's Naturopathy program, and co-supervised the first Naturopathy Honours research student. Ian is a former Vice-President of the National Herbalists Association of Australia, currently sits on the peer-review panel of the *Australian Journal of Herbal Medicine*, and is a regular speaker at national and international seminars and conferences.

“IT’S FAST-PACED, BUT THE LECTURERS ARE FANTASTIC. THEY BREAK EVERYTHING DOWN REALLY WELL. THEY’RE THERE TO HELP GUIDE YOU AND SAY, KEEP THIS IN MIND FOR LATER. THEY’RE VERY GOOD AT POINTING OUT WHAT YOU NEED TO KNOW AND GUIDING YOU THROUGH; THEY’RE DEFINITELY THE COLLEGE’S STRONGEST ASSETS.”



CATHERINE SMITH

Program Manager, Nutritional Medicine

Catherine is a passionate natural therapist holding an Advanced Diploma in Naturopathy (ACNT 1999), which includes qualifications in nutrition, herbal medicine, homoeopathy and remedial massage. Catherine has extensive practice experience in specific natural therapies clinics as well as integrated medical environments. She has always had a passion for education and began teaching with ACNT in 2006. Since her initial studies, Catherine has achieved a Bachelor of Health Science (Complementary Medicine) and is currently furthering her studies in Human Nutrition at Deakin University Masters Program. Prior to her career change to natural therapies, Catherine worked in the field of public relations, marketing and event management and holds a Bachelor of Arts degree with a major in communications.



LEISHA RYDING

Program Manager, Online

Leisha came to ACNT in 2011 as Program Manager for Online Learning. She has spent the last decade working in strategic learning and development roles across the corporate, not for profit and education sectors. Prior to coming to ACNT, Leisha focussed on bringing innovative e-learning programs to not-for-profits and professional associations to improve access to education; an individual's access to learning being a key motivator in Leisha's approach to her work. Leisha holds an undergraduate degree in political science and post graduate qualifications in counselling and education, and is currently paused in her studies in nutrition.

Leisha has been a regular contributor to newspapers and professional journals on all things education and career, and is passionate about the lifelong learning and career-reinvention opportunities that ACNT's online learning program has to offer.

CAREER AND FURTHER STUDY OPPORTUNITIES

WHAT CAREER OPPORTUNITIES ARE AVAILABLE TO ME?

Natural therapies is an expanding industry and the demand for qualified, skilled therapists in natural and manual therapies is high. Career paths are varied and always interesting and you're certain to find a field within the industry that inspires you. Just a few of the most popular career paths in the industry include:

- Naturopath
- Natural Medicine Practitioner
- Massage Therapist
- Remedial Massage Therapist
- Nutritional Medicine Practitioner
- Herbalist
- Western Herbal Medicine Practitioner





YOUR
OPPORTUNITY



A WORD FROM INDUSTRY

“THE AUSTRALASIAN COLLEGE OF NATURAL THERAPIES HAS CONTRIBUTED TO RAISING STANDARDS, TRAINING PEOPLE AND BUILDING LINKS BETWEEN THOSE INDIVIDUALS AND ORGANISATIONS WHO HAVE AN INTEREST IN A MORE NATURAL APPROACH TO HEALTH. I AM PROUD THAT BLACKMORES HAS HAD SUCH A LONG ASSOCIATION WITH ACNT.”

MARCUS C BLACKMORE

Chairman, Blackmores

“ACNT graduates working at Blackmores, display a professional approach and demonstrate a high standard of knowledge of natural therapies. We applaud the emphasis that ACNT has in providing quality educational programs to equip graduates with skills and direction that will allow them to lead fulfilling professional lives; to make a positive difference to the health of others.

There are excellent career opportunities for ACNT graduates in many different areas of our company. Many have already taken up positions within our Naturopathic Advisory Service, Education and Training, Product Development, Professional, Technical, Regulatory and Marketing areas, as well as with Blackmores Institute, a division established as a centre of excellence in the field of natural health research and education.”

PAM STONE

Director of Education, Blackmores

“ACNT provides excellent training across all the modalities. Having spent three years working for endota spa I can say that ACNT’s approach to training provides an excellent grounding for working in the spa industry. Through my time with endota I have been able to build upon the training and skills I learnt with ACNT.”

CRAIG CREMIN

Spa Manager, endota spa

INDUSTRY ASSOCIATIONS AND ACCREDITATION BODIES

Australian Traditional
Medicine Society (ATMS)



The Australian Natural
Therapists Association (ANTA)



National Herbalists Association
of Australia (NHAA)



Association of Massage
Therapists (AMT)



Australian Association of
Massage Therapists (AAMT)



Association of Remedial
Masseurs (ARM)



STUDENTS MAY ALSO BE ELIGIBLE TO JOIN:

*PLEASE NOTE, ACCREDITATIONS VARY BETWEEN COURSES. PLEASE CHECK WITH SPECIFIC COURSE INFORMATION FOR APPLICABLE ACCREDITATIONS FOR YOUR CHOSEN COURSE.

Australasian Integrative
Medicine Association (AIMA)



Nutrition
Australia



Nutrition Society of
Australia (NSA)



Public Health Association
of Australia (PHAA)



ACCREDITATION BODY

The International Therapist Examination Council (ITEC)

ITEC is the UK-based examination board offering a wide range of qualifications which are recognised worldwide. Currently, ITEC provides over 35 qualifications accredited by the UK government and registered on the National Qualifications Framework in the UK. These qualifications are accepted by industry in the UK and internationally, providing an international qualifications passport for graduates, easily recognised by employers worldwide. ACNT is an accredited ITEC examination centre and can facilitate assessment of a number of ITEC qualifications in Massage and Sports Massage at the Pyrmont Campus (availability is dependent on number of students wishing to complete these additional assessments).



EDUCATION BODIES

ACNT's parent company, Think: Education Group, is the proud winner of the Australian Council for Private Education and Training (ACPET) Award for the Higher Education Provider of the Year, 2012.



STUDENT STORIES



AMANDA TEMPLEMAN

Course: Advanced Diploma of Nutritional Medicine

As an overworked travel agent, Amanda was keen for a career change. “I went to a career counsellor and came across nutrition and ACNT. I really enjoyed a phone conversation with course advisor Kinga Hogan, so I came to open day and it all went from there.”

That decision felt like a good one straight away. “I really loved it. After the first few days of my course, I knew it was right decision. There are so many likeminded people and inspiring lecturers at the college.”

For SRC representative Amanda, studying at the Pymont Campus is about the academics as well as the friendly atmosphere. “Everyone is sitting together, you feel really connected with the other course groups. Everyone mingles a lot, it’s quite social.”

Lecturers and tutors offered plenty of professional guidance for Amanda. “The staff are really helpful, encouraging us to do a business plan and sign up to professional associations so we’ll be ready to get out there when we finish. One of the number one reasons I decided to go to ACNT was because it’s such a practical college.”

Having family members with health problems prompted Amanda to become a nutritionist. “That pushed me to learn what I can about nutrition and educate other people, especially those who don’t know there’s more that can be done other than taking medicine. I wanted to help people with their health.”

A scholarship recipient, Amanda was encouraged to reflect on and share her personal health journey with others. “I’ve been through ups and downs with family members’ health, so I answered the application questions really passionately. It was a good thing to do for myself, and to be rewarded by someone who appreciated my passion. When I got the scholarship, I thought, ‘It’s meant to be!’”



JEREMY BROWN

Course: Advanced Diploma of Naturopathy

It was the depth and technical nature of ACNT courses that led Jeremy to ACNT. “I chose ACNT because it was more scientific. The scientific backing I’ve gotten through ACNT has proven this kind of medicine, working within this community that loves what they’re doing.”

Once based in the Blue Mountains, Jeremy started off learning by distance with online study. “My experience was fully supported. The tutors always got back to me with a timely response. My marks were higher than anticipated because of the support I had and the hard work I put in.”

After that, Jeremy wanted to be closer to the college and his lecturers. “I caught the bug! I relocated to Sydney so I could go to ACNT. It’s a life-changing experience, it’s given me purpose and direction.”

Although he had a background in wine sales, Jeremy felt a strong desire to join the health industry. “Healthcare is in my blood. My dad’s in healthcare, my mum’s a teacher, my wife is a psychologist. We’re in the caring industry. I just felt a calling.”

His time at The Wellbeing Clinic left a strong impression. “I was terrified when I went in, but when I took my first case it was one of the most sacred moments I’ve ever had. Integrating the practical clinic experience with our academic learnings is key. When you graduate you have great networks and can walk straight into a job, and you’ve got mentoring.”

With guidance from his lecturers, Jeremy has a solid plan for the future. “The mentoring I’ve received from my program manager has been exceptional. I’ve set up a business plan, and I’m really happy for the flexibility and creativity I can have with my work.”

FUTURE PRACTITIONERS



MARTIN PETERS

Course: Diploma of Remedial Massage

Graduated, December 2012

Martin spent 31 years as an accountant before changing careers to become a massage therapist. "I'd been working in fairly high-pressure roles, so it was a big change. It was really an epiphany that set me on that path. I thought, 'I need to get out of this!'"

When visiting potential colleges, it just felt right to head straight for ACNT. "My intention was to visit a different institution first. For whatever reason, something prompted me to get off the train and go to ACNT that day."

There he met course advisor Kinga Hogan, who he spent a long time discussing the course with. "Kinga was so enthusiastic, I had a connection with her in relation to that. I decided to go with ACNT. Serendipity was a big factor in it."

Completing work experience during the course was another important factor. "One of the things that drew me to the course are the opportunities to work with some of Sydney's leading sporting teams. I felt my course was well-weighted between the practical and theoretical content."

Becoming friends with his lecturers also enhanced the course experience. "I had a very good rapport with all the lecturers. From my point of view, if you have a good relationship with the people you're interacting with you're going to get more out of it."

Martin now works across two practices, and through college connections is registered as a massage therapist for the Sydney Roosters and Western Sydney Wanderers. "I'm quite contented, and not missing that stress of twelve-hour days and beyond in accounting."



MELANIE LEITCH

Course: Advanced Diploma in Nutrition

Melanie's personal health issues lead her not just to alternative medicine, but also to ACNT. "Back then I didn't know anything about nutrition, science or my own body, and I couldn't get the answers I needed from Western medicine. One of my colleagues was an ACNT naturopathy student, and was very helpful in my health journey."

After seeing a naturopath, Melanie's interest in nourishment from food became deeper. "Once I had a passion for it and realised there was a different way to live, I went 'I want to study this.' I had to pick between that and my events management job, and I chose nutrition."

Melanie spent the first part of her course studying by distance. "That worked really well for me. I got time to think about it, to take it all in. I had other things in my life that needed attention, but I wanted to start the journey so it was a balanced way to do things initially."

For Melanie, the scientific course content came as a pleasant surprise. "I didn't realise when I started how much science was involved, but I think that's a really good thing. We get such a good foundation in the sciences and it's the backbone of what we do."

When it came to her clinic hours, Melanie decided to take the plunge into full-time, on-campus study. "The focus on practical skills is great. You'd be lost without the clinic experience! As well as that, we do a business plan and that's invaluable."

Learning from and working with ACNT staff was another highlight. "The quality of teaching and the lecturers' experience has been my favourite thing. They're definitely the college's strongest asset."





NATURAL MEDICINE

“MY JOURNEY STARTED WHEN I WAS UNWELL. I WANTED TO WORK IN SOMETHING THAT HAD MORE MEANING AND LIFE IN IT, AND I WANTED TO HELP PEOPLE.”

DHSCGEN13
DIPLOMA OF HEALTH SCIENCE

BHSCNAT13
BACHELOR OF HEALTH
SCIENCE (NATUROPATHY)

BHSCNUT13
BACHELOR OF HEALTH SCIENCE
(NUTRITIONAL MEDICINE)

BHSCWHM13
BACHELOR OF HEALTH SCIENCE
(WESTERN HERBAL MEDICINE)

HLT60512
ADVANCED DIPLOMA
OF NATUROPATHY

HLT61012
ADVANCED DIPLOMA OF
NUTRITIONAL MEDICINE

HLT60112
ADVANCED DIPLOMA OF
WESTERN HERBAL MEDICINE



DHSCGEN13 DIPLOMA OF HEALTH SCIENCE

NEW
COURSE

HEALTH SCIENCE EXPLORES THE BIOLOGICAL SCIENCES, SOCIAL SCIENCES AND RESEARCH STUDIES THAT ALL HEALTHCARE PRACTITIONERS MUST UNDERSTAND AND WHICH UNDERPIN ACNT'S BACHELOR DEGREES.

The Diploma of Health Science provides an entry-level qualification for those who have either a personal interest in complementary medicine or are looking to expand their knowledge and/or skillset. Foundational knowledge covers the biomedical sciences of anatomy and physiology, bioscience and biochemistry. These topics form the basis of the biomedical sciences which are vital for a successful career as a healthcare professional. They also provide a structure which supports the study of holistic medicine.

Discipline-specific subjects can be chosen from either the Naturopathy, Western Herbal Medicine or Nutritional Medicine modalities.

Graduates will complete the course with integral knowledge about how the body functions in health, how to communicate effectively with others and the role of research and evidence-based practice in complementary medicine.

WHAT ARE MY CAREER OPPORTUNITIES?

As a graduate of ACNT's Diploma of Health Science, you will be provided the academic and practical skills for a rewarding career in the broader complementary medicine industry, enhancing your employment prospects in retail, manufacturing and primary healthcare administration roles.

WILL THIS COURSE OPEN UP NEW STUDY PATHWAYS?

The Diploma of Health Science allows students to undertake higher education studies equivalent to the first year of a bachelor degree. Graduates from the diploma are guaranteed direct entry to the second year of any of the relevant bachelor degree courses. Please note in some instances students may need to do additional units. Contact our Course and Careers Advisors for further advice.



HEALTH
SCIENCE

COURSE OVERVIEW

DHSCGEN13 DIPLOMA OF HEALTH SCIENCE

Qualification		Diploma of Health Science	
Start Dates	On Campus: 10 February, 2014 2 June, 2014 15 September, 2014	Course Duration	Full-time: 1 year Part-time: 2 years
		Entry Requirements	<p>School leaver (completion of year 12 or equivalent):</p> <ul style="list-style-type: none"> • Completion of HSC or equivalent • Minimum ATAR of 68 • Pass in English in the HSC • Pass in Science in the HSC (recommended) <p>Mature age (21 years of age or above):</p> <ul style="list-style-type: none"> • Demonstrate ability to study by providing CV • May be asked to complete a written statement • Students without a science background may be required to complete a bridging course before commencing study.
Assessment	3 assessments per subject on average. Assessments are mapped to specific subject learning outcomes and may include quizzes, written assignments, presentations, reflective journals, case analysis, literature reviews, practical exams and written exams.	Delivery	<p>Full-time on Sydney Campus. Includes 3 study periods of 12 weeks duration (excluding breaks). Involves lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study.</p> <p>Part-time or Blended learning. Involves guided self-study.</p>
Finance Options	FEE-HELP is available for eligible Australian students only.		
Cost	See Fees Schedule at back of booklet.		

Course Structure:

Year 1	Study Period 1	BHS101A Anatomy & Physiology 1	BHS103A Counselling & Communication Skills	CAM101A History & Philosophy of Comp & Alt Med	Elective (from list below)
	Study Period 2	BHS104A Anatomy & Physiology 2	BHS102A Bioscience	CAM103A Nutritional Foundations 1	Elective (from list below)
	Study Period 3	BHS106A Anatomy & Physiology 3	BHS105A Biochemistry 1	BHS107A Research & Evidence-Based Practice	Elective (from list below)

Electives for Naturopathy stream:

SP1	SP2	SP3
CAM105A Herbal Medicine Manufacturing	CAM102A Botany	CAM203A Nutritional Foundations 2

Electives for Western Herbal Medicine stream:

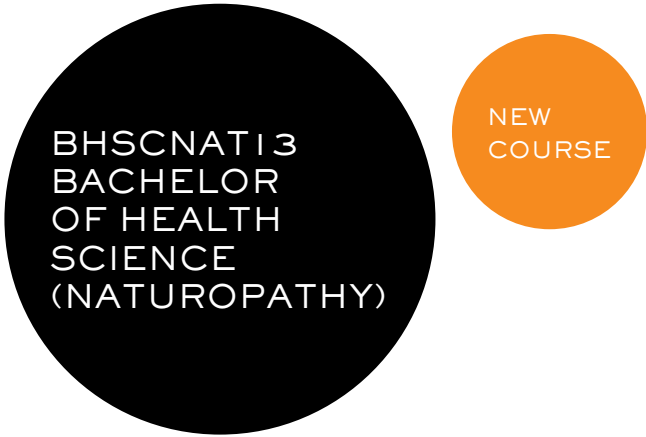
SP1	SP2	SP3
CAM105A Herbal Medicine Manufacturing	CAM102A Botany	CAM202A WHM Materia Medica 1

Electives for Nutritional Medicine stream:

SP1	SP2	SP3
CAM104A Food Science, Systems & Policy	CAM106A Nutrition, Society & Public Health	CAM203A Nutritional Foundations 2

The above streams provide students with a progression pathway into a specific Bachelor of Health Science degree on completion of the diploma. However students can choose to complete a combination of any three electives from the following list:

- CAM102A – Botany
- CAM105A – Herbal Medicine Manufacturing
- CAM203A – Nutritional Foundations 2
- CAM202A – WHM Materia Medica 1
- CAM104A – Food Science, Systems & Policy
- CAM106A – Nutrition, Society & Public Health



BHSCNAT13 BACHELOR OF HEALTH SCIENCE (NATUROPATHY)

NEW
COURSE

NATUROPATHY IS A SYSTEM OF NATURAL MEDICINE WHICH FOCUSES ON TREATING THE UNDERLYING CAUSES OF DISEASE BY ASSESSING AND TREATING THE PATIENT AS A WHOLE. THERE IS A STRONG FOCUS ON HELPING THE BODY TO RETURN TO OPTIMUM HEALTH VIA ITS OWN HEALING MECHANISMS.

WITHIN NATUROPATHY, A MODERN SCIENTIFIC APPROACH IS APPLIED ALONGSIDE NATUROPATHIC PRINCIPLES, INCLUDING THE HEALING POWER OF NATURE, TO RECOGNISE THE BODY'S CAPACITY TO OVERCOME DISEASE.

NATUROPATHY INVOLVES EXTENSIVE ANALYSIS TO DISCOVER THE UNDERLYING CAUSE OF A PATIENT'S CONDITION. THIS INCLUDES UNDERSTANDING A PATIENT'S SYMPTOMS, EMOTIONAL STATUS, DIET AND LIFESTYLE TO TREAT THE PATIENT FROM A HOLISTIC PERSPECTIVE.

The study of Naturopathy at ACNT focuses on the core areas of nutritional and dietary therapy, western herbal medicine, homeopathy, flower essences and naturopathic diagnostic techniques. Studies also cover the biomedical sciences that all healthcare professionals must understand.

Given naturopathy's holistic approach to illness, students will also learn social sciences which focus on the relationship between patient and practitioner. They also study advanced communication skills, in order to be able to address the wide range of emotional and psychological influences which can impact our health.

During their studies, students will also gain extensive hands on experience at The Wellbeing Clinic at Pymont and Brisbane campus, treating members of the general public under the guidance and supervision of experienced naturopaths in a clinical setting. This allows graduates to work with a diverse range of patients whilst treating varied health complaints and developing preventative health plans.

WHAT ARE MY CAREER OPPORTUNITIES?

As a graduate of ACNT's Naturopathy degree, there are a number of career opportunities available to you. There is a continual and growing demand for skilled naturopaths to work in a number of settings such as:

- Private practice
- Complementary & multimodality clinics
- Community programs
- Health retreats & day spas
- Retail and sales
- Research
- Education
- Product development
- Practitioner consultant with industry

As of 2014, if you're interested in setting up your own clinical practice upon graduation, you can even do this from one of our campuses, using the facilities of The Wellbeing Clinics and Pymont and Brisbane Campuses to help kickstart your career.



Herbal Extract Company A
Product: **MEADOWSWEET**
Supplier: **Woods & Woods**
Orig Batch No: MB02/131059
G.R. No: **2354**
Date: **26/11/200**

Herbal Extract Company B
Product: **PARSLEY ROOT**
Supplier: **Langdon**
Orig Batch No: **00-2639**
G.R. No:
Date:

Herbal Extract Company B
Product: **WILD YAM**
Supplier: **Woods & Woods**
Orig Batch No: **AG05/7357**
G.R. No: **7761**
Date:

Herbal Extract Company
Product: **TMUDA**
Supplier: **Woods & Woods**
Orig Batch No: **MB02/131059**
G.R. No: **2402**
Date: **4/1/2002**

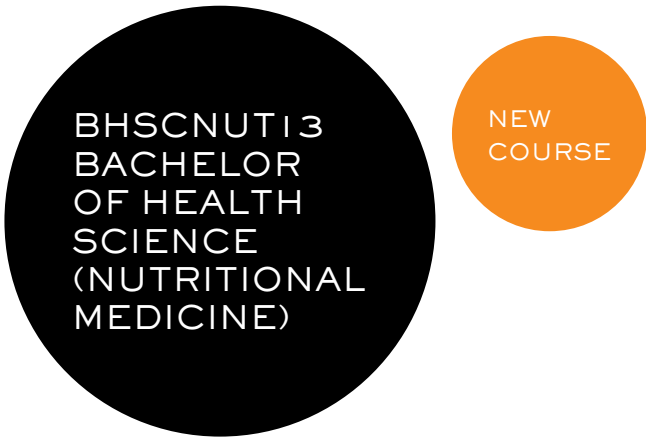
**HEALTH
SCIENCE
(NATUROPATHY)**

COURSE OVERVIEW

BHSCNAT13 BACHELOR OF HEALTH SCIENCE (NATUROPATHY)

Qualification		Bachelor of Health Science (Naturopathy)	
Start Dates	On Campus: 10 February, 2014 2 June, 2014 15 September, 2014	Course Duration	Full-time: 4 year Part-time: 8 years
		Entry Requirements	School leaver (completion of year 12 or equivalent): <ul style="list-style-type: none"> • Completion of HSC or equivalent • Minimum ATAR of 68 • Pass in English in the HSC or equivalent • Pass in Science in the HSC or equivalent (recommended) Mature age (21 years of age or above): <ul style="list-style-type: none"> • Demonstrate ability to study by providing CV • May be asked to complete a written statement • Students without a science background may be required to complete a bridging course before commencing study.
Assessment	3 assessments per subject on average. Assessments are mapped to specific subject learning outcomes and may include quizzes, written assignments, presentations, reflective journals, case analysis, literature reviews, practical exams and written exams.	Delivery	Full-time on Campus. Includes 12 study periods of 12 weeks duration (excluding breaks). Involves lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study. Part-time or Blended learning. Involves guided self-study.
Finance Options	FEE-HELP is available for eligible Australian students only.	Clinical Practice	340 hours of Supervised Clinical Practicum. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	The Australian Natural Therapists Association (ANTA) National Herbalists Association of Australia (NHAA) Students may also be eligible to join: Australasian Integrative Medicine Association (AIMA) Australian Traditional Medicine Society (ATMS)	Cost	See Fees Schedule at back of booklet.

Course Structure:					
Year 1	Study Period 1	BHS101A Anatomy & Physiology 1	BHS103A Counselling & Communication Skills	CAM105A Herbal Medicine Manufacturing	CAM101A History & Philosophy of Complementary & Alternative Medicine
	Study Period 2	BHS104A Anatomy & Physiology 2	BHS102A Bioscience	CAM102A Botany	CAM103A Nutritional Foundations 1
	Study Period 3	BHS106A Anatomy & Physiology 3	BHS105A Biochemistry 1	BHS107A Research & Evidence-Based Practice	CAM203A Nutritional Foundations 2
Year 2	Study Period 4	BHS201A General Pathology	BHS202A Biochemistry 2	CAM202A WHM Materia Medica 1	CAM201A Food as Medicine
	Study Period 5	BHS203A Pathophysiology & Clinical Diagnosis 1	CAM206A Clinical Studies 1	CAM205A Nutritional Biochemistry	CAM204A WHM Materia Medica 2
	Study Period 6	BHS204A Pathophysiology & Clinical Diagnosis 2	CAM209A Homoeopathy 1	CAM208A Lifespan Nutrition	CAM207A WHM Pharmacology
Year 3	Study Period 7	BHS204A Pathophysiology & Clinical Diagnosis 3	CAM209A Homoeopathy 2	CAM302A Iridology	CAM301A Health Promotion
	Study Period 8	CAM307A Health Assessment & Diagnostic Techniques	CAM306A Nutritional Therapeutics 1	CAM308A Herbal Medicine Therapeutics 1	CAM305A Clinical Studies 2
	Study Period 9	BHS302A Drug & Integrated Pharmacology	CAM312A Nutritional Therapeutics 2	CAM315A Herbal Medicine Therapeutics 2	CAM311A Clinical Studies 3
Year 4	Study Period 10	BHS401A Professional Practice	CAM402A Advanced Herbal Medicine	CAM406A Flower Essence Therapy	CAM401A Naturopathic Clinical Practicum 1
	Study Period 11	Elective	CAM405A Integrative Complementary Medicine 1	CAM403A Naturopathic Clinical Practicum 2	CAM404A Naturopathic Clinical Practicum 3
	Study Period 12	Elective	CAM407A Integrative Complementary Medicine 2	CAM408A Advanced Naturopathic Clinical Practicum 1	CAM409A Advanced Naturopathic Clinical Practicum 2



BHSCNUT13
BACHELOR
OF HEALTH
SCIENCE
(NUTRITIONAL
MEDICINE)

NEW
COURSE

NUTRITIONAL MEDICINE COMBINES THE TRADITIONS OF FOOD AS MEDICINE AND DIETARY PLANNING WITH SCIENTIFIC ADVANCES IN THE USE OF NUTRIENTS AT THERAPEUTIC DOSES IN THE TREATMENT, MANAGEMENT AND PREVENTION OF DISEASE.

NUTRITIONAL MEDICINE INCORPORATES THE STUDY OF HUMAN NUTRITION, FOOD PHARMACOLOGY, BIOCHEMISTRY, THE FOOD SYSTEM, RELEVANT GOVERNMENT REGULATIONS AND PUBLIC HEALTH AND CONSIDERS HOW EACH CAN IMPACT OUR HEALTH.

HEALTH AND WELLBEING ARE AFFECTED BY MULTIPLE EXTERNAL AND INTERNAL FACTORS, SOME OF WHICH LEAD TO FUNCTIONAL DISORDERS AND CHRONIC DISEASE. THE ROLE OF THE NUTRITIONAL MEDICINE PRACTITIONER IS TO IDENTIFY THE CAUSE OF HEALTH ISSUES, EDUCATE THE PATIENT AND DEVELOP A TREATMENT AND PREVENTION PLAN TO RE-ESTABLISH AND PROMOTE ONGOING OPTIMAL HEALTH AND WELLBEING.

This brand new degree is suitable for those who want a career combining nutrition science and human health.

Nutritional Medicine practitioners have a strong understanding of how nutritional, dietary and lifestyle factors impact wellbeing throughout our lifespan. They develop treatment plans for their patients to improve their health and wellbeing, and seek to educate individuals or community members on the impact of food choices in the maintenance of wellbeing and management of disease.

Students will develop an understanding of nutritional science, including food constituents, contaminants, food law and policy, food pharmacy and therapeutic supplements as well as lifespan nutrition and public health, enabling them to provide holistic therapeutic treatment plans. Students will also learn biological sciences, covering the biomedical sciences all healthcare professionals must understand, such as anatomy and physiology, bioscience, biochemistry, pathology, pharmacology and clinical diagnosis.

In addition, students will be taught social sciences to help develop the skills which are vital to building the relationship between patient and practitioner. They will also gain extensive hands on experience at The Wellbeing Clinic at Pymont and Brisbane campus. These clinic hours start with clinical observation and culminate in supervised Nutritional Medicine practice.

WHAT ARE MY CAREER OPPORTUNITIES?

As a graduate of ACNT's Nutritional Medicine degree, there are a number of career opportunities available to you. There is a continually growing demand for skilled practitioners to work as Nutritionists in a number of settings such as:

- Private practice
- Complementary and multimodality clinics
- Community programs
- Sport & recreation centres
- Food industry
- Health retreats and day spas
- Education
- Research
- Technical support
- Product development
- Retail and sales
- Marketing and communication

As of 2014, if you're interested in setting up your own clinical practice upon graduation, you can even do this from one of our campuses, using the facilities of The Wellbeing Clinics and Pymont and Brisbane Campuses to help kickstart your career.



HEALTH
SCIENCE
(NUTRITIONAL
MEDICINE)


COURSE OVERVIEW

BHSCNUT13

BACHELOR OF HEALTH SCIENCE (NUTRITIONAL MEDICINE)

Qualification		Bachelor of Health Science (Nutritional Medicine)	
Start Dates	On Campus: 10 February, 2014 2 June, 2014 15 September, 2014	Course Duration	Full-time: 3 year Part-time: 6 years
		Entry Requirements	School leaver (completion of year 12 or equivalent): <ul style="list-style-type: none"> • Completion of HSC or equivalent • Minimum ATAR of 68 • Pass in English in the HSC or equivalent • Pass in Science in the HSC or equivalent (recommended) Mature age (21 years of age or above): <ul style="list-style-type: none"> • Demonstrate ability to study by providing CV • May be asked to complete a written statement • Students without a science background may be required to complete a bridging course before commencing study
Assessment	3 assessments per subject on average. Assessments are mapped to specific subject learning outcomes and may include quizzes, written assignments, presentations, reflective journals, case analysis, literature reviews, practical exams and written exams.	Delivery	Full-time on Sydney Campus. Includes 9 study periods of 12 weeks duration (excluding breaks). Involves lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study. Part-time or Blended learning. Involves guided self-study.
Finance Options	FEE-HELP is available for eligible Australian students only.	Clinical Practice	340 hours of Supervised Clinical Practicum. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	The Australian Natural Therapists Association (ANTA) Students may also be eligible to join: Australasian Integrative Medicine Association (AIMA) Australian Traditional Medicine Society (ATMS) Nutrition Australia Nutrition Society of Australia (NSA) Public Health Association of Australia (PHAA)	Cost	See Fees Schedule at back of booklet.

Course Structure:					
Year 1	Study Period 1	BHS101A Anatomy & Physiology 1	BHS103A Counselling & Communication Skills	CAM104A Food Science, Systems & Policy	CAM101A History & Philosophy of Complementary & Alternative Medicine
	Study Period 2	BHS104A Anatomy & Physiology 2	BHS102A Bioscience	CAM106A Nutrition, Society & Public Health	CAM103A Nutritional Foundations 1
	Study Period 3	BHS106A Anatomy & Physiology 3	BHS105A Biochemistry 1	BHS107A Research & Evidence-Based Practice	CAM203A Nutritional Foundations 2
Year 2	Study Period 4	BHS201A General Pathology	BHS202A Biochemistry 2	CAM201A Food as Medicine	CAM206A Clinical Studies 1
	Study Period 5	BHS203A Pathophysiology & Clinical Diagnosis 1	CAM205A Nutritional Biochemistry	CAM208A Lifespan Nutrition	CAM305A Clinical Studies 2
	Study Period 6	BHS204A Pathophysiology & Clinical Diagnosis 2	CAM307A Health Assessment & Diagnostic Techniques	CAM306A Nutritional Therapeutics 1	CAM311A Clinical Studies 3
Year 3	Study Period 7	BHS301A Pathophysiology & Clinical Diagnosis 3	CAM301A Health Promotion	CAM312A Nutritional Therapeutics 2	CAM304A Nutrition Clinical Practicum 1
	Study Period 8	BHS302A Drug & Integrated Pharmacology	CAM411A Advanced Nutrition Medicine	CAM405A Integrative Complementary Medicine 1	CAM313A Nutrition Clinical Practicum 2
	Study Period 9	BHS401A Professional Practice	CAM410A Dietary Analysis & Planning	CAM407A Integrative Complementary Medicine 2	CAM314A Nutrition Clinical Practicum 3



BHSCWHM13
BACHELOR
OF HEALTH
SCIENCE
(WESTERN
HERBAL
MEDICINE)

NEW
COURSE

WESTERN HERBAL MEDICINE IS THE USE OF MEDICINAL PLANTS FOR THERAPEUTIC PURPOSES. IT IS THE OLDEST FORM OF MEDICINE AND IT HAS BEEN PRACTICED BY MANY CULTURES FOR THOUSANDS OF YEARS.

A HOLISTIC FORM OF MEDICINE, WESTERN HERBAL MEDICINE IS DERIVED FROM ANGLO-AMERICAN AND EUROPEAN TRADITIONAL HEALING PHILOSOPHIES AND PRACTICES. IT FOCUSES ON THE WHOLE PERSON AND OPTIMISES HEALTH, RATHER THAN FOCUSING ON THE SYMPTOMS AND THE DISEASE. RECENT INTEREST IN HERBAL MEDICINE HAS INCREASED AND THE THERAPEUTIC USE OF HERBAL MEDICINE IS NOW BEING VALIDATED BY SCIENTIFIC RESEARCH.

A degree in Western Herbal Medicine is ideal for those who want a career incorporating herbal medicine practice as part of a holistic and scientifically based health plan. In this brand new course, students will explore the biological sciences and integrate health science and herbal medicine within a holistic clinical environment.

By understanding the individual properties of different herbs, how to prepare them and how to prescribe them, students of this bachelor degree will be able to make diagnostic assessments and develop a treatment plan for their patients utilising herbal treatments as well as lifestyle, dietary and nutritional advice.

In addition, students will be taught social sciences to help develop the skills which are vital to building the relationship between patient and practitioner. They will also gain extensive hands on experience at The Wellbeing Clinic at Pymont and Brisbane campus. These clinic hours start with clinical observation and culminate in supervised Western Herbal Medicine practice.

WHAT ARE MY CAREER OPPORTUNITIES?

As a graduate of ACNT's Western Herbal Medicine degree, there are a number of career opportunities available to you. There is a continual and growing demand for skilled practitioners to work as a Western Herbal Medicine practitioner in a number of settings such as:

- Private practice
- Complementary & multimodality clinics
- Medical clinics
- Health retreats & spas
- Retail stores
- Industry
- Research
- Education
- Product development
- Practitioner consultants to industry

As of 2014, if you're interested in setting up your own clinical practice upon graduation, you can even do this from one of our campuses, using the facilities of The Wellbeing Clinics and Pymont and Brisbane Campuses to help kickstart your career.



HEALTH
SCIENCE
(WESTERN
HERBAL
MEDICINE)

COURSE OVERVIEW

BHSCWHM13

BACHELOR OF HEALTH SCIENCE (WESTERN HERBAL MEDICINE)

Qualification		Bachelor of Health Science (Western Herbal Medicine)	
Start Dates	On Campus: 10 February, 2014 2 June, 2014 15 September, 2014	Course Duration	Full-time: 3 year Part-time: 6 years
		Entry Requirements	School leaver (completion of year 12 or equivalent): <ul style="list-style-type: none"> • Completion of HSC or equivalent • Minimum ATAR of 68 • Pass in English in the HSC or equivalent • Pass in Science in the HSC or equivalent (recommended) Mature age (21 years of age or above): <ul style="list-style-type: none"> • Demonstrate ability to study by providing CV • May be asked to complete a written statement • Students without a science background may be required to complete a bridging course before commencing study
Assessment	3 assessments per subject on average. Assessments are mapped to specific subject learning outcomes and may include quizzes, written assignments, presentations, reflective journals, case analysis, literature reviews, practical exams and written exams.	Delivery	Full-time on Sydney Campus. Includes 9 study periods of 12 weeks duration (excluding breaks). Involves lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study. Part-time or Blended learning. Involves guided self-study.
Finance Options	FEE-HELP is available for eligible Australian students only.	Clinical Practice	340 hours of Supervised Clinical Practicum. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	The Australian Natural Therapists Association (ANTA) National Herbalists Association of Australia (NHAA) Students may also be eligible to join: Australasian Integrative Medicine Association (AIMA) Australian Traditional Medicine Society (ATMS)	Cost	See Fees Schedule at back of booklet.

Course Structure:					
Year 1	Study Period 1	BHS101A Anatomy & Physiology 1	BHS103A Counselling & Communication Skills	CAM105A Herbal Medicine Manufacturing	CAM101A History & Philosophy of Complementary & Alternative Medicine
	Study Period 2	BHS104A Anatomy & Physiology 2	BHS102A Bioscience	CAM102A Botany	CAM103A Nutritional Foundations 1
	Study Period 3	BHS106A Anatomy & Physiology 3	BHS105A Biochemistry 1	BHS107A Research & Evidence-Based Practice	CAM202A WHM Materia Medica 1
Year 2	Study Period 4	BHS201A General Pathology	BHS202A Biochemistry 2	CAM203A Nutritional Foundations 2	CAM204A WHM Materia Medica 2
	Study Period 5	BHS203A Pathophysiology & Clinical Diagnosis 1	CAM207A WHM Pharmacology	CAM308A Herbal Medicine Therapeutics 1	CAM206A Clinical Studies 1
	Study Period 6	BHS204A Pathophysiology & Clinical Diagnosis 2	CAM307A Health Assessment & Diagnostic Techniques	CAM315A Herbal Medicine Therapeutics 2	CAM305A Clinical Studies 2
Year 3	Study Period 7	BHS301A Pathophysiology & Clinical Diagnosis 3	CAM402A Advanced Herbal Medicine	BHS401A Professional Practice	CAM311A Clinical Studies 3
	Study Period 8	CAM405A Integrative Complementary Medicine 1	BHS302A Drug & Integrated Pharmacology	CAM309A WHM Clinical Practicum 1	CAM310A WHM Clinical Practicum 2
	Study Period 9	CAM407A Integrative Complementary Medicine 2	CAM316A WHM Clinical Practicum 3	CAM317A Advanced WHM Clinical Practicum 1	CAM318A Advanced WHM Clinical Practicum 2

HLT60512 ADVANCED DIPLOMA OF NATUROPATHY

NATUROPATHY RECOGNISES THAT HEALTH CARE NEEDS TO BE FOCUSED ON THE INDIVIDUAL, NOT JUST THE DISEASE, AND THAT THERE IS MORE TO HEALTH THAN JUST THE ABSENCE OF DISEASE.

NATUROPATHS SEEK TO RESTORE AND IMPROVE THE WHOLE PERSON, USING NUTRITION, HERBAL MEDICINE, AND LIFESTYLE MODIFICATION.

“THE HUMAN CONNECTION I’VE HAD IN CLINIC AND THE AMOUNT OF ACADEMIC RIGOUR AND SCIENTIFIC STUDIES I’VE READ OVER THE LAST THREE YEARS HAS SOLIDIFIED MY CONVICTION THAT WHAT I FELT IN MY HEART I NOW KNOW IN MY HEAD. PURSUING SCIENCE THROUGH NATUROPATHY HAS VINDICATED WHAT A LOT OF PEOPLE WOULD CALL INTUITION.”

JEREMY BROWN
ACNT student

This course offers strong grounding in the medical sciences and the traditions of naturopathy, followed by in-depth training in herbal and nutritional medicine. As the course progresses you will also learn the skills required to work as part of a health care team, and to manage your own health business. You will also be introduced to additional modalities such as iridology and homoeopathy.

Your course also includes more than 400 hours of practical clinical training, allowing you to observe and participate in the care of real patients, under the guidance of qualified supervisors.

WHAT ARE MY CAREER OPPORTUNITIES?

With solid foundations in naturopathic treatment modalities and the medical sciences, you will be prepared for professional practice as a:

- Naturopath
- Naturopathic Practitioner
- Natural Medicine Practitioner
- Natural Therapist.

WILL THIS COURSE OPEN UP NEW STUDY PATHWAYS?

Once you complete this course you will be eligible to enrol in any of the following ACNT qualifications with credit transfer:

Degrees:

Bachelor of Health Science (Naturopathy)
Bachelor of Health Science (Nutritional Medicine)
Bachelor of Health Science (Western Herbal Medicine)

Advanced Diplomas:

Advanced Diploma of Nutritional Medicine
Advanced Diploma of Western Herbal Medicine

Some students also choose to study Fitness and Massage at ACNT.



NATUROPATHY

COURSE OVERVIEW

HLT60512 ADVANCED DIPLOMA OF NATUROPATHY

Qualification		HLT60512 Advanced Diploma of Naturopathy	
Start Dates	Online learning only: Monthly. January to November 2014.	Course Duration	Full-time: 3 years, including breaks Part-time: 6 years including breaks
Online learning requirements	Online learners must have: <ul style="list-style-type: none"> • Access to a computer with high speed Internet capabilities. • Access to video recording facilities • Discussed their clinical placement options with an ACNT Course and Careers Advisor • Access to an approved clinic site for practical learning • Access to an independent professional for exam supervision 	Entry Requirements	NSW Higher School Certificate, or equivalent and over 18 years at course commencement OR Students under 18 years may be required to participate in an interview.
Assessment	2–6 assessments per subject on average. Assessments will take many forms, and may include written assignments, quizzes and examinations, practical demonstrations and class presentations.	Delivery	Full-time or Part-time via Distance Education.
Finance Options	VET FEE-HELP is available for eligible Australian students only.	Clinical Practice	465 hours of supervised Clinical training. An HLTF311A Apply First Aid course will be completed prior to commencing clinical practice. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	<ul style="list-style-type: none"> • Australian Traditional Medicine Society (ATMS)** • National Herbalist Association of Australia (NHAA)** 	Cost	See Fees Schedule at back of booklet.

*Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.

Subject Name	Unit Code	Unit Name	#Hours
Anatomy & Physiology	*HLTAP401B	Confirm physical health status	80
Chemistry & Biochemistry	*HLTAP401B	Confirm physical health status	84
First Aid	HLTFA311A	Apply first aid	10
Workplace Health & Safety	HLTWHS300A	Contribute to WHS processes	28
Effective Workplace Practices	BSBFLM303C	Contribute to effective workplace relationships	98
	HLHIR501C	Maintain an effective health work environment	
	CHCORG428A	Reflect on and improve own professional practice	
Naturopathic Framework	HLTNAT609D	Work within a naturopathic framework	42
Disease Manifestations	HLTAP501C	Analyse health information	196
Counselling Skills	HLTCOM404C	Communicate effectively with clients	84
Applied Naturopathic Principles	HLTNAT607D	Manage work within a naturopathic framework	56
Herbal Fundamentals	HLTNAT602D	Provide western herbal medicine treatment	189
Basic Microbiology & Infection Control	HLTIN301C	Comply with infection control policies and procedures (assessed first within subject)	42
	HLTIN504D	Manage the control of infection	
Naturopathic Patient Assessment	HLTNAT606C	Perform naturopathic health assessment	84
Nutritional Fundamentals	HLTNAT603D	Provide naturopathic nutritional treatment	189
Pharmacognosy & Herbal Pharmacy	HLTHER603D	Operate a western herbal medicine dispensary	133
Advanced Nutritional Medicine	HLTNUT602C	Provide specialised nutritional care	266
Health Business Skills	HLTCOM503D	Manage a practice	42
Critiquing Research	HLTNUT601C	Apply literature research findings to clinical practice	28
Naturopathic Case Management 1	HLTNAT608C	Apply naturopathic diagnostic framework	220
Professional Development	HLTCOM502C	Develop professional expertise	42
Referrals in Health Care	HLTCOM406C	Make referrals to other health care professionals when appropriate	28
Naturopathic Case Management 2	HLTNAT605C	Plan the naturopathic treatment strategy	225
Homoeopathic Essentials	HLTHOM612D	Work within a homoeopathic framework	84
Advanced Herbal Medicine	HLTHER608C	Provide specialised western herbal medicine treatment	266
Acute Homoeopathic Treatment	HLTNAT604C	Provide acute homoeopathic treatment	84
Integrated Therapeutics	HLTNAT601D	Provide naturopathic treatment	300

*The subject hours listed above includes teaching and personal study hours and is subject to change without notice.

HLT61012 ADVANCED DIPLOMA OF NUTRITIONAL MEDICINE

NUTRITIONAL MEDICINE PRACTITIONERS USE DIET, VITAMINS, MINERALS AND AMINO ACIDS TO PREVENT DISEASE AND PROMOTE OPTIMAL HEALTH. THIS REQUIRES AN IN-DEPTH UNDERSTANDING OF THE METABOLIC PATHWAYS INVOLVED IN THE BREAKDOWN OF NUTRIENTS. IT ALSO INVOLVES THE ROLE OF DIET, VITAMINS, MINERALS AND AMINO ACID SUPPLEMENTS.

“I WANTED TO HELP PEOPLE WITH THEIR HEALTH. WHAT INSPIRED ME TO STUDY NUTRITION WAS LOSING MY FATHER FROM A HEART ATTACK, AND KNOWING THERE WAS MORE WE COULD HAVE DONE WITH COMPLEMENTARY MEDICINE. THAT PUSHED ME TO LEARN WHAT I CAN AND EDUCATE PEOPLE, ESPECIALLY IN THAT AGE GROUP AS PEOPLE DON’T KNOW THERE’S MORE THAT CAN BE DONE OTHER THAN TAKING MEDICINE.”

AMANDA TEMPLEMAN
ACNT student

In this comprehensive course, you’ll get advanced training in nutrition and diet related fields – including the health sciences, diagnostics and treatment practices. Some areas covered include nutritional management of renal, cardiovascular, gastrointestinal, endocrine and immune disorders; palliative care; pregnancy and pediatrics; diagnostic laboratory techniques, symptomatology and diagnosis, and counselling.

WHAT ARE MY CAREER OPPORTUNITIES?

A vibrant career as a Nutritional Medicine Practitioner or a Nutritional Therapist with employment opportunities at:

- Natural medicine companies and organisations
- Weight loss organisations
- Medical centres
- Training and educational organisations
- Health retreats
- Natural health and wellness businesses

WILL THIS COURSE OPEN UP NEW STUDY PATHWAYS?

Once you complete this course you will be eligible to enrol in any of the following ACNT qualifications with credit transfer:

Degrees:

- Bachelor of Health Science (Naturopathy)
- Bachelor of Health Science (Nutritional Medicine)
- Bachelor of Health Science (Western Herbal Medicine)

Advanced Diplomas:

- Advanced Diploma of Naturopathy
- Advanced Diploma of Western Herbal Medicine

Some students also choose to study Fitness and Massage at ACNT.



NUTRITION

COURSE OVERVIEW

HLT61012

ADVANCED DIPLOMA OF NUTRITIONAL MEDICINE


Qualification		HLT61012 Advanced Diploma of Nutritional Medicine	
Start Dates	On campus: 10 February, 2014 2 June, 2014 15 September, 2014 Online learning: Monthly. January to November 2014.	Course Duration	Full-time: 2 years, including breaks Part-time on campus: 3 years including breaks Part-time online: 4 years, including breaks.
Distance Learning Requirements	Online learners must have: <ul style="list-style-type: none"> • Access to a computer with high speed Internet capabilities. • Access to video recording facilities • Discussed their clinical placement options with an ACNT Course and Careers Advisor • Access to an approved clinic site for practical learning • Access to an independent professional for exam supervision 	Entry Requirements	NSW Higher School Certificate, or equivalent and over 18 years at course commencement OR Students under 18 years may be required to participate in an interview.
Assessment	2–4 assessments per subject. Assessments will be in the form of written assignments and practical demonstrations.	Delivery	Full-time on Sydney or Brisbane Campus. Includes 6 study periods of 12 weeks duration (excluding breaks). Involves lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study. Part-time online via Distance Education.
Finance Options	VET FEE-HELP is available for eligible Australian students only.	Clinical Practice	258 hours of supervised Clinical training. An HLTF311A Apply First Aid course will be completed prior to commencing clinical practice. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	Australian Traditional Medicine Society (ATMS)**	Cost	See Fees Schedule at back of booklet.

*Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.

Subject Name	Unit Code	Unit Name	#Hours
Anatomy & Physiology	*HLTAP401B	Confirm physical health status	80
Chemistry & Biochemistry	*HLTAP401B	Confirm physical health status	84
First Aid	HLTFA311A	Apply first aid	10
Workplace Health & Safety	HLTWHS300A	Contribute to WHS processes	28
Effective Workplace Practices	BSBFLM303C	Contribute to effective workplace relationships	98
	HLTHIR501C	Maintain an effective health work environment	
	CHCORG428A	Reflect on and improve own professional practice	
Dietary Modification	HLTNUT610B	Provide basic dietary advice	42
Disease Manifestations	HLTAP501C	Analyse health information	196
Counselling Skills	HLTCOM404C	Communicate effectively with clients	84
Nutritional Principles	HLTNUT604C	Manage work within a clinical nutritional framework	56
	HLTNAT607D	Manage work within a naturopathic framework	
Nutrition 1	HLTNUT606B	Plan the nutritional treatment strategy	203
Basic Microbiology & Infection Control	HLTIN301C	Comply with infection control policies and procedures (assessed first within subject)	42
	HLTIN504D	Manage the control of infection	
Nutritional Patient Assessment	HLTNUT603B	Apply nutritional medicine diagnostic framework	84
	HLTNUT605B	Perform nutritional medicine health assessment	
Nutrition 2	HLTNUT607C	Provide nutritional medicine treatment	279
Nutritional Pharmacy	HLTNUT609C	Prepare and dispense nutrition and dietary supplements	42
Advanced Nutritional Medicine	HLTNUT602C	Provide specialised nutritional care	266
Health Business Skills	HLTCOM503D	Manage a practice	42
Critiquing Research	HLTNUT601C	Apply literature research findings to clinical practice	28
Nutrition for Special Populations	HLTNUT608B	Provide specialised nutritional medicine treatment	266
Professional Development	HLTCOM502C	Develop professional expertise	42
Referrals in Health Care	HLTCOM406C	Make referrals to other health care professionals when appropriate	28

*The subject hours listed above includes teaching and personal study hours and is subject to change without notice.



HLT60112
ADVANCED
DIPLOMA OF
WESTERN
HERBAL
MEDICINE

HERBALISTS ARE TRAINED IN THE USE OF HERBAL MEDICINES WITH A COMBINATION OF ANCIENT TECHNIQUES (WHICH DATE BACK TO EARLY EGYPTIAN TIMES) ALONG WITH MODERN SCIENTIFIC METHODS. TOGETHER, THESE METHODOLOGIES HELP TO PROMOTE HEALTH AND RESTORE BALANCE TO COUNTERACT DISEASE.

During this course, you'll discover the principles of plant identification, actions, indications and the prescriptions of hundreds of herbs. You'll also learn how to manufacture a range of herbal preparations in our student clinic, and you'll learn to use complex herbal applications, rather than isolated constituents, to promote effective, holistic treatments.

WHAT ARE MY CAREER OPPORTUNITIES?

With solid foundations in herbal treatment modalities and the medical sciences, you will be prepared for professional practice as a:

- Herbalist
- Botanical Medicine Practitioner
- Herbal Medicine Practitioner
- Phytotherapist
- Western Herbal Medicine Practitioner

WILL THIS COURSE OPEN UP NEW STUDY PATHWAYS?

Once you complete this course you will be eligible to enrol in any of the following ACNT qualifications with credit transfer:

Degrees:

- Bachelor of Health Science (Naturopathy)
- Bachelor of Health Science (Nutritional Medicine)
- Bachelor of Health Science (Western Herbal Medicine)

Advanced Diplomas:

- Advanced Diploma of Naturopathy
- Advanced Diploma of Nutritional Medicine

Some students also choose to study Fitness and Massage at ACNT.



WESTERN
HERBAL
MEDICINE

COURSE OVERVIEW

HLT60112

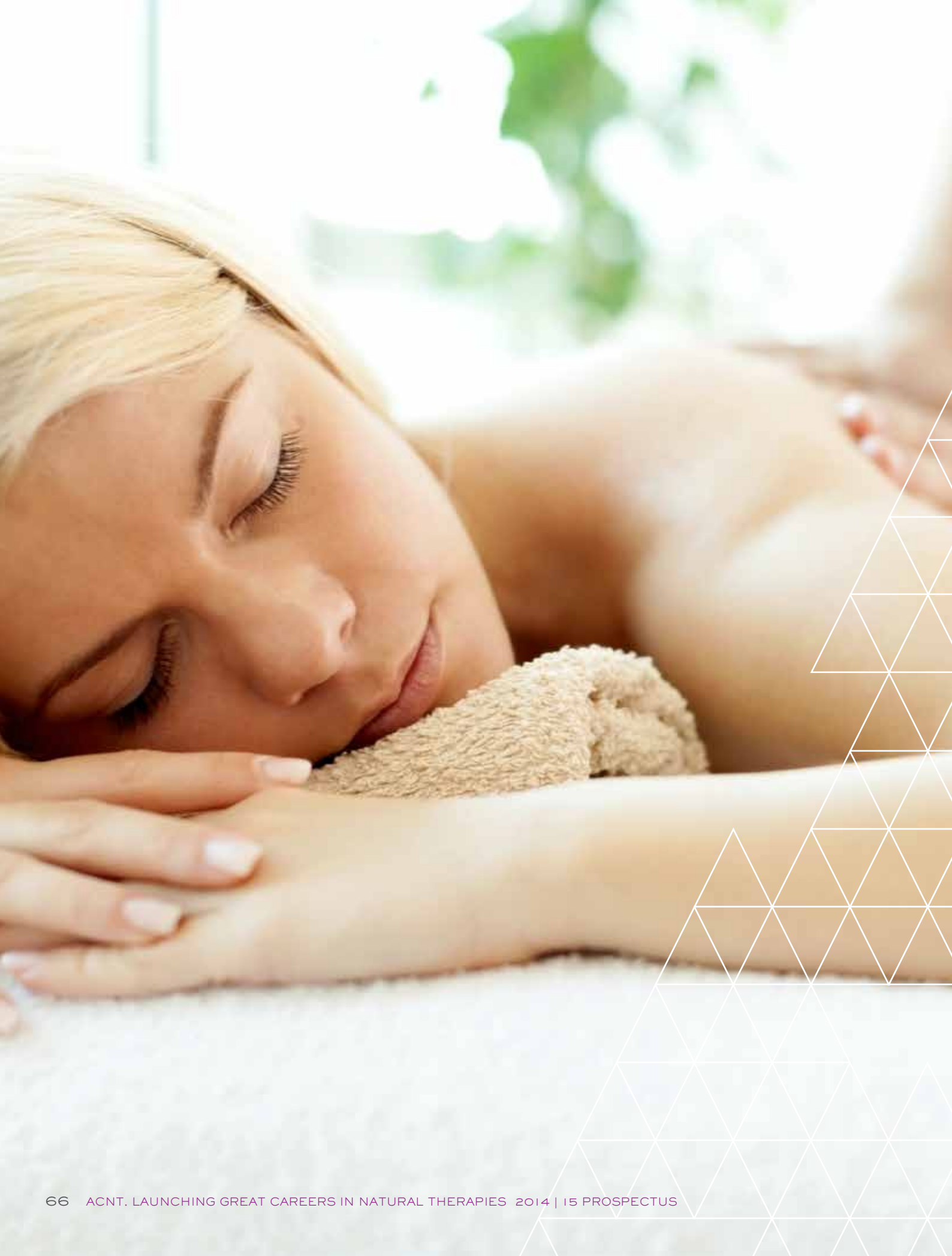
ADVANCED DIPLOMA OF WESTERN HERBAL MEDICINE

Qualification		HLT60112 Advanced Diploma of Western Herbal Medicine	
Start Dates	Online learning only: Monthly. January to November 2014.	Course Duration	Full-time: 2 years Including breaks. Part-time: 4 years including breaks.
Distance Learning Requirements	Online learners must have: <ul style="list-style-type: none"> • Access to a computer with high speed Internet capabilities. • Access to video recording facilities • Discussed their clinical placement options with an ACNT Course and Careers Advisor • Access to an approved clinic site for practical learning • Access to an independent professional for exam supervision 	Entry Requirements	NSW Higher School Certificate, or equivalent OR be 21 years or over. Students under 18 years may be required to participate in an interview.
Assessment	2–4 assessments per subject. Assessments will be in the form of written assignments and practical demonstrations.	Delivery	Full-time or Part-time via Distance Education.
Finance Options	VET FEE-HELP is available for eligible Australian students only.	Clinical Practice	223 hours of supervised Clinical training. An HLTF311A Apply First Aid course will be completed prior to commencing clinical practice. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	<ul style="list-style-type: none"> • Australian Traditional Medicine Society (ATMS)** • National Herbalist Association of Australia (NHAA)** 	Cost	See Fees Schedule at back of booklet.

*Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.

Subject Name	Unit Code	Unit Name	Hours
Anatomy & Physiology	*HLTAP401B	Confirm physical health status	80
Chemistry & Biochemistry	*HLTAP401B	Confirm physical health status	84
First Aid	HLTFA311A	Apply first aid	10
Workplace Health & Safety	HLTWHS300A	Contribute to WHS processes	28
Effective Workplace Practices	BSBFLM303C	Contribute to effective workplace relationships	98
	HLTHIR501C	Maintain an effective health work environment	
	CHCORG428A	Reflect on and improve own professional practice	
Basic Dietary Advice	HLTHER607C	Provide dietary advice	42
Disease Manifestations	HLTAP501C	Analyse health information	196
Counselling Skills	HLTCOM404C	Communicate effectively with clients	84
Herbal History & Philosophy	HLTHER602D	Manage work within the western herbal medicine framework	56
Herbal Materia Medica	HLTHER606D	Prepare and dispense western herbal medicine	203
Basic Microbiology & Infection Control	HLTIN301C	Comply with infection control policies and procedures	42
	HLTIN504D	Manage the control of infection	
Herbal Patient Assessment	HLTHER604C	Perform western herbal medicine health assessment	84
Herbal Therapeutics 1	HLTHER601C	Apply western herbal medicine diagnostic framework	189
Pharmacognosy & Herbal Pharmacy	HLTHER603D	Operate a western herbal medicine dispensary	133
Herbal Therapeutics 2	HLTHER605C	Plan the western herbal medicine treatment strategy	293
	HLTHER609D	Provide western herbal medicine treatment	
Health Business Skills	HLTCOM503D	Manage a practice	42
Advanced Herbal Medicine	HLTHER608C	Provide specialised western herbal medicine treatment	266
Professional Development	HLTCOM502C	Develop professional expertise	42
Referrals in Health Care	HLTCOM406C	Make referrals to other health care professionals when appropriate	28





MANUAL THERAPIES


“APART FROM THE GREAT LOCATION, IT HAS TO BE THE PROFESSIONALISM OF THE TEACHING TEAM AND THEIR ABILITY TO IMPART THEIR KNOWLEDGE IN A STRUCTURED AND PRACTICALLY FOCUSED MANNER THAT DOES IT FOR ME.”

MARTIN RODDIS

ACNT Graduate, Remedial Massage and Aromatherapy

HLT40312
CERTIFICATE IV IN MASSAGE
THERAPY PRACTICE

HLT50307
DIPLOMA OF REMEDIAL MASSAGE



HLT40312
CERT IV IN
MASSAGE
THERAPY
PRACTICE

THIS COURSE REPRESENTS THE ENTRY POINT TO AN EXCITING CAREER IN MASSAGE THERAPY. YOU WILL LEARN A RANGE OF RELAXATION AND THERAPEUTIC TECHNIQUES TO MANIPULATE SOFT TISSUE TO INCREASE BLOOD FLOW, REMOVE TOXINS AND IMPROVE MUSCLE TONE THROUGHOUT THE BODY.

Our courses are deeply rooted in health sciences and as well as practical skills. Students will gain a deep understanding of anatomy, physiology and symptomology of the body and its systems, along with start up business skills to work effectively as a sole practitioner in this field.

What's more, by applying your knowledge and practical skills in our student clinic, you will learn real life skills in how to reduce muscular tension and aches and pains. And above all, you'll discover how to increase the body's ability for self-healing and ultimately promote a sense of health and wellbeing with clients.

WHAT ARE MY CAREER OPPORTUNITIES?

With this qualification, you'll be equipped with the skills and knowledge to work as a massage therapist in any of the following areas:

- Spas, resorts and five-star accommodation
- Gyms and fitness centres
- Doing massage for corporate events
- Setting up your own business to work as a sole practitioner in your own practice or a multi-modality clinic

WILL THIS COURSE OPEN UP NEW STUDY PATHWAYS?

This course will give you an entry point to an exciting career in massage therapy. After completing this course, you may also choose to enrol in:

- ACNT's Diploma of Remedial Massage – to provide a more comprehensive service as a remedial massage therapist
- ACNT's Certificate in III and IV in Fitness – allowing you to offer a complete service in personal training

A glass bottle of massage oil is the central focus, resting on a wooden surface. The bottle is partially filled with a golden-yellow liquid. To the left, there are green, leafy plants, possibly lavender, which are slightly out of focus. A large, solid orange circle is positioned in the upper left quadrant, containing the text 'MASSAGE THERAPY'. A white geometric pattern of interconnected triangles is overlaid on the lower half of the image, extending from the left side towards the center.

MASSAGE
THERAPY

COURSE OVERVIEW

HLT40312

CERTIFICATE IV IN MASSAGE THERAPY PRACTICE

Qualification		HLT40312 Certificate IV in Massage Therapy Practice	
Start Dates	On Campus: 10 February, 2014 2 June, 2014 15 September, 2014 Online learning: Monthly. January to November 2014.	Course Duration	Full-time: 12 weeks, including breaks Part-time: 28 weeks including breaks
Distance Learner Requirements	Online learners must have: <ul style="list-style-type: none"> • Access to a computer with high-speed Internet capabilities. • Access to video recording facilities • Access to an approved clinic and willing supervisor to complete practical learning • Access to an independent professional for exam supervision <p>Please discuss clinical placement options with an ACNT Course and Careers Advisor or the Clinic Placement Coordinator before completing your enrolment.</p>	Entry Requirements	NSW Higher School Certificate, or equivalent OR be 21 years or over. Students under 18 years may be required to participate in an interview.
Assessment	2–4 assessments per subject. Assessments will be in the form of knowledge tests, practical demonstrations, reflective journals and logbooks.	Delivery	Full-time on Sydney or Brisbane Campus. Includes one 12 week study period (excluding breaks). Involves lectures, clinics, seminars, tutorials, practical demonstrations, learning portal activities, clinic hours, and personal study hours Part-time or Distance Education (available to Australian students only). Involves guided self-study.
Finance Options	No Government assistance available	Clinical Practice	Supervised clinical training involved. An HLTF311A Apply First Aid course MUST be completed prior to commencing clinical training. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	<ul style="list-style-type: none"> • Australian Traditional Medicine Society (ATMS)** • Association of Massage Therapists (AMT)** • Australian Association of Massage Therapists (AAMT)** 	Cost	See Fees Schedule at back of booklet.

*Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.

Subject Name	Unit Code	Unit Name	#Hours
Anatomy & Physiology	HLTAP401B	Confirm physical health status	112
Clinic Operations	HLTCOM405D	Administer a practice	56
	HLTWHS300A	Contribute to WHS processes	
	HLTIN301C	Comply with infection control policies and procedures	
First Aid	HLTFA311A	Apply first aid	20
Massage Techniques	HLTREM407C	Plan massage treatment	100
	HLTREM401D	Work within a massage framework	
	HLTREM406C	Provide massage treatment	
Communication Skills for Manual Therapists	BSBWOR203B	Work effectively with others	56
	HLTCOM404C	Communicate effectively with clients	
	HLHIR301C	Communicate and work effectively in health	
Massage Assessment and Referrals	HLTREM408C	Apply massage assessment framework	58
	HLTREM409C	Perform massage health assessment	
	HLTCOM406C	Make referrals to other health care professionals when appropriate	
	HLTCOM408D	Use specific health terminology to communicate effectively	
Massage Therapy Clinic	HLTCOM404C	Communicate effectively with clients	58
	HLTCOM406C	Make referrals to other health care professionals when appropriate	
	HLTAP401B	Confirm physical health status	
	HLTWHS300A	Contribute to WHS processes	
	HLTFA311A	Apply first aid	
	HLTIN301C	Comply with infection control policies and procedures	
	BSBWOR203B	Work effectively with others	
	HLTCOM405D	Administer a practice	
	HLTCOM408D	Use specific health terminology to communicate effectively	
	HLHIR301C	Communicate and work effectively in health	
	HLTREM401D	Work within a massage framework	
	HLTREM407C	Plan massage treatment	
	HLTREM406C	Provide massage treatment	
	HLTREM408C	Apply massage assessment framework	
	HLTREM409C	Perform massage health assessment	

*The subject hours listed above includes teaching and personal study hours and is subject to change without notice.

HLT50307 DIPLOMA OF REMEDIAL MASSAGE

REMEDIAL MASSAGE THERAPISTS USE COMPLEX ASSESSMENT METHODS TO INVESTIGATE CAUSE OF PAIN FROM MUSCULOSKELETAL IMBALANCE OR INJURY. THIS COURSE BUILDS ON THE SCIENTIFIC APPROACH FROM CERTIFICATE IV MASSAGE.

STUDENTS WILL LOOK MORE DEEPLY AT HUMAN PHYSIOLOGY AND PATHOLOGY, FOCUSING ON THE CAUSES AND EFFECTS OF INJURY ASSOCIATED WITH HUMAN MOVEMENT, POSTURAL MISALIGNMENT AND SPORTING ACTIVITIES. YOU WILL LEARN TO IDENTIFY MUSCULOSKELETAL CONDITIONS AND DEVELOP COMPREHENSIVE TREATMENT PLANS TO ASSIST IN PAIN MANAGEMENT OR RECOVERY FROM INJURY.

During the course you will learn advanced massage techniques, including deep tissue massage trigger point therapy, myofascial release and lymphatic drainage. These techniques are used to treat a variety of conditions and bring the musculoskeletal system back into balance.

This course will provide you with the ability to identify musculoskeletal conditions and develop comprehensive on-going treatment plans to assist in pain management or recovery from injury. Students will also learn professional development skills including how to research and review articles related to the methods and efficacy of massage therapy.

WHAT ARE MY CAREER OPPORTUNITIES?

With this qualification, you'll be equipped with the skills and knowledge to work as a remedial massage therapist within any of the following areas:

- Working alongside Physiotherapists, Osteopaths and Chiropractors
- Allied Health Care/Medical facilities
- Sporting teams
- Gyms and fitness facilities
- Spas, Resorts and five star accommodation
- Managing your own business

WILL THIS COURSE OPEN UP NEW STUDY PATHWAYS?

Once you complete this course you will be eligible to enrol in any of the following ACNT qualifications to further with credit transfer:

Degrees:

- Bachelor of Health Science (Naturopathy)
- Bachelor of Health Science (Nutritional Medicine)
- Bachelor of Health Science (Western Herbal Medicine)

Advanced Diplomas:

- Advanced Diploma of Naturopathy
- Advanced Diploma of Nutritional Medicine

Certificates:

- Certificate III and IV in Fitness



REMEDIAL
MASSAGE

COURSE OVERVIEW

HLT50307 DIPLOMA OF REMEDIAL MASSAGE

Qualification		HLT50307 Diploma of Remedial Massage	
Start Dates	On Campus: 10 February, 2014 2 June, 2014 15 September, 2014 Online learning: Monthly. January to November 2014.	Course Duration	Full-time: 28 weeks, including breaks Part-time: 52 weeks including breaks
Distance Learner Requirements	Online learners must have: <ul style="list-style-type: none"> • Access to a computer with high-speed Internet capabilities • Access to video recording facilities • Access to an approved clinic and willing supervisor to complete practical learning • Access to an independent professional for exam supervision <p>Please discuss clinical placement options with an ACNT Course and Careers Advisor or the Clinic Placement Coordinator before completing your enrolment.</p>	Entry Requirements	Completion of 14 units from the HLT40312 Certificate IV in Massage Therapy Practice or equivalent.
Assessment	2–4 assessments per subject. Assessments will be in the form of written assignments and practical demonstrations.	Delivery	Full-time on Sydney or Brisbane Campus. Includes 2 x 12 week study periods (excluding breaks). Involves lectures, tutorials, practical demonstrations, learning portal activities, clinic hours, and personal study hours. Part-time or online learning (available to Australian students only). Involves guided self-study.
Finance Options	VET FEE-HELP is available for eligible Australian students only.	Clinical Practice	Supervised clinical training involved. Completion of a First Aid Certificate is required for clinical placement.
Industry Accreditation	<ul style="list-style-type: none"> • Australian Traditional Medicine Society (ATMS)** • Association of Massage Therapists (AMT)** • Australian Association of Massage Therapists (AAMT)** 	Cost	See Fees Schedule at back of booklet.

*Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.

Subject Name	Unit Code	Unit Name	#Hours
Clinic Management	HLTCOM502C	Develop professional expertise	56
	HLTCOM503D	Manage a practice	
	HLHIR506C	Implement and monitor compliance with legal and ethical requirements	
Practice Reflection	CHCORG428A	Reflect on and improve own professional practice	56
Applied Anatomy & Physiology	*HLTAP501C	Analyse health information	42
Remedial Techniques – Deep Tissue/Anatomy	*HLTREM502C	Provide remedial massage treatment	112
Remedial Techniques – Myofascial	*HLTREM502C	Provide remedial massage treatment	42
Remedial Techniques – Trigger Points	*HLTREM502C	Provide remedial massage treatment	39
Remedial Techniques – Lymphatic	*HLTREM502C	Provide remedial massage treatment	39
Remedial Massage Assessment Techniques	*HLTREM504C	Apply remedial massage assessment framework	42
	*HLTREM505C	Perform remedial massage health assessment	
Clinical Reasoning	*HLTREM510B	Provide specialised remedial massage treatments	46
	*HLTREM503C	Plan remedial massage treatment strategy	
Massage in an Aging Population	CHCAC318B	Work effectively with older people	24
Sport and Athlete Massage	*HLTREM513C	Provide remedial massage treatment to athletes	33
Principles of Reflexology	HLTREF501B	Work within a reflexology framework	21
Remedial Massage Clinic 1	*HLTAP501C	Analyse health information	52
	*HLTREM502C	Provide remedial massage treatment	
	*HLTREM503C	Plan remedial massage treatment strategy	
	*HLTREM504C	Apply remedial massage assessment framework	
	*HLTREM505C	Perform remedial massage health assessment	
	HLHIR501B	Maintain an effective health work environment	
	HLTCOM502C	Develop professional expertise	
HLHIR506C	Implement and monitor compliance with legal and ethical requirements		
Remedial Massage Clinic 2	*HLTREM502C	Provide remedial massage treatment	52
	*HLTREM503C	Plan remedial massage treatment strategy	
	*HLTREM513C	Provide remedial massage treatment to athletes	
	*HLTREM510B	Provide specialised remedial massage treatment	

*The subject hours listed above includes teaching and personal study hours and is subject to change without notice.

CONTINUED EDUCATION IN SPORT AND FITNESS

OFFER A LITTLE EXTRA



If you want an edge in your career, you may also consider building your qualifications in an associated health and wellness field, such as a Cert III or IV in Fitness, or a Diploma of Sports Development.

ACNT can provide you with some excellent course options.

PERSONAL TRAINER

Learn about gym instruction and fitness testing, anatomy and physiology, safety practices, nutrition, group fitness, first aid, personal training, advanced fitness testing, outdoor training, training clients with special issues, sports conditioning and business and marketing skills.

SIS30310 CERTIFICATE III IN FITNESS

SIS40210 CERTIFICATE IV IN FITNESS

SPORTS DEVELOPMENT

Perhaps you would like to learn about being a professional sports development officer, a competition manager or how to identify talent in the sporting arena? This qualification will teach you about coaching practices, sports psychology, marketing, project and financial management, team and customer service management, OHS, risk, drugs in sport, plus a whole lot more. Because it is articulated as a business course, it will open up doors to a massive number of positions within the sports and fitness industry and associated organisations. It will also offer you a degree that you can use through your entire working life.

SIS50610 DIPLOMA OF SPORT DEVELOPMENT





DID YOU KNOW THAT BY 2020, AS THE POPULATION GROWS, IT IS ESTIMATED THAT THERE WILL BE AN ESTIMATED 3.7 MILLION AUSTRALIAN CONSUMERS USING FITNESS SERVICES?

FOR MORE INFORMATION PLEASE CONSULT WITH ONE OF OUR COURSE AND CAREERS ADVISORS:
SYDNEY - 1300 017 267
BRISBANE - 07 3270 1000
OR VISIT WWW.ACNT.EDU.AU

NEXT STEPS

TAKE THE FIRST STEP ON YOUR NEW CAREER PATH TODAY

APPLICATIONS AND ENTRY REQUIREMENTS

The following section provides a useful guide to getting started for Australian applicants.

HOW DO I APPLY?

Complete the application form and send it to us, together with academic transcripts and any additional documentation (e.g. your high school results, resume and references if applicable). Once we receive your application, we will contact you.

Remember, if you have any questions, feel free to talk to a Course and Careers Advisor to make sure the chosen course is the right match for your career ambitions.

ENTRY REQUIREMENTS

Please refer to the individual course pages for entry requirements.

KEY TRIMESTER START DATES AND RESIDENTIAL WORKSHOP DATES

This information is kept updated on our website www.acnt.edu.au. It is also available from our Course and Careers Advisors.

TUITION FEES

This information is available from our Course and Careers Advisors, or at the back of the printed versions of this guide.

COURSE CREDITS

Recognition of related academic achievements and informal learning for course credit is available. Certified testamurs and transcripts are required from recognised institutions. Contact your Course and Careers Advisor or agent for an application form and details on the process.

WHAT ADDITIONAL INFORMATION AND APPLICATION DETAILS APPLY TO ME?

Australian students

You are considered an Australian student if you are:

- an Australian citizen; or
- an Australian permanent resident; or
- a New Zealand citizen.





IMMERSE
YOURSELF
IN THE
WORLD OF
LEARNING

Think colleges:

BUSINESS AND HOSPITALITY

APM College of Business and Communication



William Blue College of Hospitality Management



DESIGN

Billy Blue College of Design



CATC Design School



HEALTH AND WELLNESS

Australasian College of Natural Therapies



Southern School of Natural Therapies



Australian National College of Beauty



Jansen Newman Institute



The Think Education Group is distinguished by its commitment to providing innovative, industry relevant degree and vocational courses at the highest levels. This not only provides students with a guarantee of quality but also a unique learning experience that sets them apart from other college and university graduates.

Australasian College of Natural Therapies is a trading name of Think: Colleges Pty Ltd, a private Higher Education Institution accredited by the Tertiary Education Quality and Standards Agency (TEQSA) and a registered training organisation with national qualifications and courses accredited by the Australian Skills Quality Authority (ASQA). TEQSA is the only national accreditation authority in Australia for Higher Education. ASQA is the only national accreditation authority for the State of New South Wales authorised via the National Vocational Education and Training Regulator Act (2011) and related legislation to accredit private providers of vocational education and training.

All accredited qualifications undertaken by overseas and domestic students are awarded by Think: Colleges Pty Ltd (RTO No 0269, CRICOS Provider Code NSW 00246M, QLD 03107J, VIC 03252M). All degrees, diplomas and advanced diplomas and the accredited certificates issued by the College are recognised within the Australian Qualifications Framework (AQF). Workshops, seminars, and short courses offered by the College are not recognised within the Australian Qualifications Framework and they are not accredited by TEQSA or ASQA. These are developed by the College in consultation with industry in order to meet industry needs.



APPLICATION/ENROLMENT FORM 2014/15 AUSTRALIAN STUDENTS

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES

1. PERSONAL DETAILS

Title: Mr Ms Miss Other Gender: Male Female

Family name: _____ Given names: _____

Date of birth (DD/MM/YYYY): _____ Country of citizenship: _____

Country of birth: _____ Year of arrival in Australia (if country of birth not Australia): _____

Are you an Australian Permanent Resident: Yes No Main language spoken at home: _____

How well do you speak English? Very well Well Not well Not at all

Are you of Aboriginal or Torres Strait Islander origin? _____

2. CONTACT DETAILS

Current residential address: _____

City: _____ State: _____ Postcode: _____

Address during time of study (if different to current address): _____

City: _____ State: _____ Postcode: _____

Telephone: _____ Mobile: _____ Fax: _____

Email (please print clearly): _____

Who can we contact in case of an emergency? Name: _____ Relationship: _____

Emergency contact details: _____

3. EDUCATION

What is your highest completed school level? _____ Name of secondary school: _____ Year of completion: _____

Are you still attending secondary school? _____ Did you complete year 12 secondary school in Australia: Yes No ATAR/UAI/OP score: _____

What is your highest educational qualification commenced? _____ Completed? Yes No

Year: _____ Name of institution: _____

Have you completed any other qualifications? Bachelor or Higher Advanced Diploma or Higher Diploma Cert IV Cert III Cert II Cert I Other

Do you wish to apply for Course Credit (based on previous academic study or informal learning)? No Yes

Please include your *Course Credit Application* form along with supporting documents. Forms are available at www.think.edu.au/policiesandforms.

4. COURSE SELECTION

I would like to study: Sydney on-campus* FT PT Brisbane on-campus* FT Distance Education* FT PT

What is the name of the course you would like to study? _____

When would you like to commence? _____

Main reason for undertaking this course _____

Course fees, dates, delivery options and course codes, including NTIS codes for vocational courses can be found on the Schedule of Fees and Dates form.

* FT = Full-time PT = Part-time

5. EMPLOYMENT

Current employment status

- | | | |
|--|--|--|
| <input type="checkbox"/> Full-time employee | <input type="checkbox"/> Part-time employee | <input type="checkbox"/> Self employed |
| <input type="checkbox"/> Employer | <input type="checkbox"/> Employed – unpaid worker in a family business | <input type="checkbox"/> Unemployed seeking full-time work |
| <input type="checkbox"/> Unemployed seeking part-time work | <input type="checkbox"/> Not employed and not seeking employment | |

6. SPECIAL CONDITIONS

Do you have any pre-existing learning difficulties, disabilities or other conditions, which may inhibit your learning or ability to undertake study in your chosen course?

- No Yes

If yes, then please indicate the areas (may indicate more than one) Hearing/Deaf Physical Intellectual Learning Mental Illness

Acquired Brain Impairment Vision Medical Condition Other:

7. PAYMENT OPTIONS

How do you anticipate paying for your course fees? Payment upfront by study period. I will be applying for VET FEE-HELP or FEE-HELP.

8. DECLARATION

In signing the Think: Colleges application form, I declare that:

- The information provided by me in this application form is correct.
- I have the financial capacity to meet all my course fees and agree to pay all fees as they become due.
- I can view the full, current *Policies and Procedures* online at www.think.edu.au/policiesandforms including the *Refund Policy and Procedure*, *Student Privacy Policy and Procedure*, *Deferral Policy and Procedure*, *Suspension and Expulsion Policy and Procedure* and the *Terms and Conditions of Enrolment*. I can contact my Course & Career Advisor or Agent if I would like a paper copy sent to me.
- I will inform the College within 7 days if my contact details change (including mail, email and/or phone).
- If I instruct an agent to complete this application form on my behalf, I do so on the basis that the agent is acting for me and it remains my responsibility to read the terms and conditions of enrolment.
- I authorise the College to verify the authenticity of my academic/professional qualifications and my work experience and I understand the College may inform other organisations or regulatory agencies if any of the information in my application is not accurate.

Applicant signature (signature of parent/guardian required for applicants under 18 years):

Name:

Signature:

Date (DD/MM/YYYY):

9. ACCEPTANCE AND ENROLMENT

Once we receive your application form and supporting documents, you may be asked to undertake an interview. Successful applicants will be issued a Letter of Offer, Written Agreement and Tax Invoice. Your signed Written Agreement is required and payment of a deposit or submission of your VET FEE-HELP or FEE-HELP application to secure a place in the course. Further information about VET FEE-HELP and FEE-HELP is available at www.think.edu.au/vet-fee-help.

Some applicants may be issued a *Conditional Letter of Offer* if some entry requirements have not yet been met. Applicants with a *Conditional Letter of Offer* must meet the conditions of the offer before they can finalise their enrolment and enrol in specific units of study. Admissions and enrolment policies and procedures are available at www.think.edu.au/policiesandforms.

10. FEE SCHEDULE

Tuition and other fees are available on the current Schedule of Fees and Dates. Please contact a Course and Careers Advisor for more information.

11. WHERE TO FROM HERE

Please complete sections 1 to 8, sign and send it to us along with the following documents in English. Documents in a language other than English should be submitted along with translation from a certified translator.

- Authenticated* transcripts of relevant academic records (Higher School Certificate or higher level qualifications)
- Any additional documentation to support your application (see prospectus for more information)
- Course Credit Application* form (if applicable).

*Authenticated documents must be:

- 1) Original documents (i.e. testamur and transcript of results) provided by the candidate to an authorised Think: Colleges representative
- 2) Copies of the original documents (i.e. testamur and transcript of results) provided by the candidate which have been either:
 - Notarised by a Justice of the Peace or equivalent authority in the country of origin;
 - Verified as a true and correct copy of the original documents by an approved Think: Colleges representative.

**All claimed work experience must be relevant to the qualification being applied for and be within 3 years from date of application. Mature age candidates must provide Statements of Service on official company letterhead providing contact details of the employer. Past employers will be contacted to verify work experience on a case by case basis.

APPLY NOW

Send your application to:

Admissions Office

Australasian College of Natural Therapies
PO Box 728, North Sydney, NSW 2059 Australia

Fax: +61 2 9957 1811

Email: admissions@acnt.edu.au

For further information please contact:

Pymont Campus

235 Pymont Street
Pymont, NSW 2009 Australia

Phone: 1300 017 267 **Fax:** +61 2 92188 822

Email: enquiries@acnt.edu.au **Web:** www.acnt.edu.au

Brisbane Campus

10 Costin Street
Fortitude Valley, QLD 4006 Australia

Phone: +61 7 3270 1000 **Fax:** +61 7 3270 1001

Email: enquiries@acnt.edu.au **Web:** www.acnt.edu.au

MORE INFO?

IF YOU WOULD LIKE MORE INFORMATION ON ANY OF THE MATERIAL PRESENTED IN THIS BROCHURE, PLEASE VISIT OUR WEBSITE OR CONTACT ONE OF OUR COURSE AND CAREER ADVISORS.

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES
PYRMONT CAMPUS
235 PYRMONT STREET
PYRMONT, NSW 2009

COURSE AND CAREERS ADVISORS 1300 017 267

BRISBANE CAMPUS
10 COSTIN STREET
FORTITUDE VALLEY, QLD 4006

COURSE AND CAREERS ADVISORS +61 7 3270 1000

ENQUIRIES@ACNT.EDU.AU
WWW.ACNT.EDU.AU

APPLY ONLINE AT ACNT.EDU.AU/APPLY

THINK: COLLEGES PTY LTD, CRICOS COURSE
PROVIDER CODE: NSW 00246M, HEP NO. 4375
ABN 93 050 049 299 TRADING AS AUSTRALASIAN
COLLEGE OF NATURAL THERAPIES RTO NO. 0269.

Information provided in this brochure is current at the date of publication, and may be subject to change.
date of print: November 2013.